

THE ACHILLES CLUB

2022-2023



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Achilles Ambassadors for 2022-23 Maranga Mokaya (Oxford), **Tom Wilkins** (Cambridge)

FIXTURES

Chair and Varsity programme -Caspar Eliot (Oxford)

Varsity matches—Bridget Fryer (Cambridge), **Katie Hannawin** (Oxford)

Match Officials- Heather Nelson (Oxford)

Social secretaries—Adhana Ekoku (Oxford), **Bridget Fryer** (Cambridge)

Achilles tours - Martha Stevens (Cambridge), **Martha Bevan-McVey** (Cambridge) & **Katie Hannawin** (Oxford)

[and OUAC & CUAC fixtures reps]

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PORTRAIT OF THE YEAR

January

Luke Caldwell made a magnificent marathon debut with a time of 2:11:33 in Houston. At the same meeting Matt Leach ran 63:29 for the half marathon. Tom Frith and Jamie Edgerton became cross-country champions of Essex and Cambridgeshire respectively. Indoors, Eleanor Bolton ran 16:09.84 for 5000m, Rowan May and Jake Watson both cleared 4.91, and Kaesi Opara ran 6.90 for 60m. Andy Heyes won the Farnborough half marathon in 64:17. Jack Millar was 5th in the Northern Ireland Cross Challenge.

February

Eleanor Bolton won the Northern Cross Country: Jack Millar was 3rd in the Midlands, Andy Heyes 5th in the



1990s reunion: James Hurriion, Andy Hodge and Malcolm Croad



Jake Watson—BUCS Champion

Northern, and Tom Frith 5th in the Southern. Indoors at Glasgow, Sam Clarke ran 49.01 for 400m and moved to 4th on the Achilles all time list at 60mH with 8.04; Kaesi Opara improved on 6.90 the previous month with a new 60m PB of 6.87; Jake Watson vaulted 5.06, with Rowan May on 4.86; and Louise Shanahan opened her 800m season with 2:05.29. At BUCS indoors, Jake Watson was crowned champion (with a 5.10m PB), as was Louise Shanahan at 800m; and Jeremy Dempsey finished 4th in a competitive 3000m. Eleanor Bolton rounded off the month with 2nd in the National Cross Country, ahead of Nancy Scott (11th), Niamh Bridson Hubbard (16th), Naomi Taschimowitz (25th) and Bethanie Murray (30th). In the men's race Jack Millar was a fine 5th. At the National Indoors, a 15.91 PB took Jude Bright-Davies to bronze in the triple jump.



Jack Millar—5th in National Cross Country



Jack Paget—BUCS Champion

March

The Varsity Field Events and relays were held at Lee Valley (see separate report). Dan Bray won silver in the V35 200m at the BMAF Championships, as did Bo Ivanovic in the V80 shot with 9.61.



At the Australian Masters Championships **Cecil Walkeley**, 93, won gold in the M90 100m and 200m (photo - the 1950 Varsity 3 miles at White City: Cecil, right, placed 2nd to CUAC teammate Chris Brasher)

April

Andy Heyes made his marathon debut in Manchester finishing 5th (3rd Brit) in 2:13:52, leading to his selection alongside Luke Caldwell for the European Championships in August: Will Mycroft was 11th in a PB of 2:17:02, Alex Milne 13th in a PB of 2:17:53, Tom Frith 2:19:44 on debut in 22nd and Luke Cotter 25th in 2:23:09, also on debut. Eleanor Bolton paced the Elite Women. At Stanford in the US, Matt Leach ran 28:34.04 for 10000m and might have PB'd but for a lap miscount. At the same meeting Angus Harrington, Harry Cox and Jeremy Dempsey all made their outdoor debuts, the former two with 800s of 1:50.40 and 1:52.05 respectively and the latter with a 3:43.49 1500m. Chris McGurk won the Southampton marathon in 2:30:17.

May

At BUCS, Jack Paget won the hammer on his final throw with 63.00. Oxford's women took an inspired bronze in the 4 x 400m. At the Varsity Match (see separate report) the women's match was tied, and Cambridge won the men's; Oxford won both second team matches. The following week a dinner was held at the Randolph Hotel for Dai Roberts. Louise Shanahan set an Irish 800m record of 1:59.42. At the Loughborough international Jack Paget progressed to an Achilles record of 67.79; Angus Harrington (800m 1:50.51 PB) and Jude Bright-Davies (Triple Jump 16.18 PB) were event winners; Maranga Mokaya set a 400mh PB, 52.12. At the Night of 10000m PBs, Oliver Fox ran 29:25.21; and Eleanor Bolton 33:49.27; with

good runs too by Joseph Massingham and Alex Bampton. In America, Luke Caldwell set a 10000m PB of 28:18.13; and at the East Regionals, Charlotte Dannatt qualified for the NCAA finals at 10000m. Louise Shanahan ran 2:01.35 at th Diamond League at Birmingham. At the BMC Grand Prix in Manchester Angus Harrington won the A 800m in big PB of 1:48.58.

June

At the NCAA divisionals in Eugene Charlotte Dannatt ran a 10000m PB of 33:26.78 (and in a chance encounter of former opposing OUAC and CUAC Presidents bumped into Cara James)

At the Southern Championships Maranga Mokaya won the 400mH and set anew PD 51.16 in the heats; Kaesi Opara set an new 100m PB of 10.6- (+1.7) and secured bronze in the final with 10.53 (+2.5). At the UK Championships Maranga went even faster, reaching the final with 50.48 and securing 4th place; Jude Bright-Davies was 2nd in the triple jump with 16.10, ahead of Sam Trigg-Petrovic in 4th place in his farewell season ;Niamh Bridson Hubbard placed 7th in the 1500m.



Cara James and Charlotte Dannatt in Eugene

July

Josh Carr became the Club's first four minute mile since Andy Baddeley with 3:58.97 in Birmingham. Simon Baines became V50 World Masters Champion at half marathon in 1:11:34. At the National U23 Championships Sam Clarke set a 400mH PB of 51.37 in finishing an agonisingly close 2nd; Brad Burke place 5th in the combined 3000mS/C but won gold as first U23; Adam Dray was 4th in the U20 800m in a PB of 1:51.64; Esther Leong 4th in the U23 Pole Vault; Phoebe Baggott 4th in the U23 Hammer in 56.65m; and Rowan Burford was 5th in the U23 Javelin. At the BMC meeting in Trafford Niamh Bridson Hubbard



Achilles Officials at the Commonwealth Games: Tamsin James, Heather Nelson, Emily Craven, Lisa Teverson and John Moreland

finished a strong 2nd in a PB of 4:14.1. Veteran Dan Bray set a 49.26 400m PB at the age of 38.

August

Many members decamped to Monaco (see separate report). At the Commonwealth Games in Manchester we were well represented, albeit mainly by officials. The brains behind the very successful European Championships in Munich were Paul Bristow's; a delighted Louise Shanahan reached the final of the 800m; Andy Heyes will have been disappointed not to be able to repeat his early season form and was 44th in the marathon; Luke Caldwell failed to finish. Niamh Bridson Hubbard moved to 3rd on the Achilles all-time 1500m lists with 4:12.42. At the England Championships, Jude Bright-Davies rounded off the year by winning the triple jump; Jack Paget placed 2nd in the hammer; Alexandra Shipley was 4th in the 1500m; Maranga Mokaya was 4th in the 400mH. Jake Watson while recovering from a vaulting injury showed great speed with a 10.79/21.87 sprint double. Alex Gruen ran 3:45.24 when winning a BMC race at Trafford. Adam Dray ran 1:49.41 for 800m, and Ben Waterman 1:50.3

September

Jon Ridgeon was inducted in to the England Athletics Hall of fame, joining David Hemery, Roger Bannister, Chris Brasher, Harold Abrahams, David Burghley, Tom Hampson, Chris Chataway, Douglas Lowe, Guy Butler, Godfrey Brown, Derek Johnson and Peter Matthews.

November and December

A bridge on Wimbledon Common was dedicated to Chris Brasher, Chris Chataway and Roger Bannister. (And see separate reports on the Freshers Match and the Varsity Cross Country).

With grateful acknowledgement to Caspar Eliot who has kept us informed on Facebook throughout the year, and with apologies for all omissions



2022 UK RANKINGS

Fixtures

2023

The post-covid rebooting of the Transatlantic Series sees an unprecedented for matches being held in quick succession, two in the US, two at home

Saturday, 8 April—Oxford & Cambridge v Harvard & Yale, at Harvard.

Saturday, 15 April—Oxford & Cambridge v Penn & Cornell, at Cornell.

Sunday, 7 May—Oxford v Cambridge **Varsity Match, at Cambridge.**

Wednesday 21 June—Oxford & Cambridge v Penn & Cornell, at Oxford.

Monday 26 June—Achilles Barbecue for the Harvard & Yale team, chez Paul Willcox, Suffolk IP6 0SJ from 1 pm. All members and families welcome.

Wednesday 28 June—Oxford & Cambridge v Harvard & Yale, at Cambridge.

2024

Overseas tours:

August 2024—Achilles rendezvous at the Olympic Games, Paris. Details tba

Sunday, 1 September 2024—Achilles v Waseda, Tokyo & Keio Universities, at Tokyo. Subsidised tour for all members

2	Jude Bright-Davies	Triple Jump	16.18m
3	Luke Caldwell	Marathon	02:11:33
3	Amy Hunt	60m	7.21
4	Louise Shanahan (Ireland)	800m	1:59.42
7	Michael Allison	Javelin	69.70m
9	Luke Caldwell	10000m	28:18.13
9	Andrew Heyes	Marathon	02:13:52
9	Rowan May	Pole Vault	5.10m
9	Jake Watson	Pole Vault	5.10m
10	Sam Clarke	60mH	8.04
10	Maranga Mokaya	400mH	50.33
11	Jack Paget	Hammer	68.88m
12	Montana Jackson	Triple Jump	12.60m
13	Matt Leach	10000m	28:34.04
13	Sam Trigg-Petrovic	Triple Jump	15.51m
14	Sam Clarke	400mH	51.37
14	Marley Young (Australia)	Shot Putt	15.71m
14	Tom Parker	Hammer	66.39m
14	Charlotte Dannatt	10000m	33:26.78
15	Angus Lockhart (Australia)	Shot Putt	15.62m
16	Matt Leach	Half marathon	01:03:29
16	CUAC men	4x400m	3:18.24
18	William Mycroft	Marathon	02:17:02
18	Niamh Bridson Hubbard	1500m	4:12.42
18	Eleanor Bolton	10000m	33:49.27
19	Esther Leong	Pole Vault	3.80m
19	Phoebe Baggott	Hammer	56.65m
20	Matt Leach	Marathon	02:17:28
21	CUAC women	4x400m	3:57.02
22	Bradley Burke	3000m s/c	9:09.22
22	Andrew Heyes	Half marathon	01:04:06
22	Alex Milne	Marathon	02:17:40
22	Sam Clarke	110mH	14.66
22	Louise Shanahan (Ireland)	1500m	4:13.27
23	James Edgerton	3000m s/c	9:09.32
23	OUAC men	4x400m	3:20.31
23	Johanna Schoenecker	Javelin	43.48m
23	OUAC men	4x400m	3:57.75
24	Oliver Fox	10000m	29:25.21
24	Amy Hunt	200m	23.45
24	Niamh Bridson Hubbard	3000m	9:07.83
26	Terence Fawden	3000m s/c	9:13.79
26	Marley Young (Australia)	Discus	47.67m
27	Matt Leach	5000m	13:47.28
29	Maranga Mokaya	400m	47.17
30	Tom Frith	Marathon	02:18:35
31	Jonathan Escalante-Phillips	Half marathon	01:04:40
35	Richard Ollington	3000m s/c	9:31.03
35	Chloe Billingham	Pole Vault	3.50m
35	Mary Adeniji	Long Jump	5.93m
36	Norman Shreeve	Marathon	02:19:07
37	Niamh Bridson Hubbard	800m	2:06.90
38	Angus Harrington	800m	1:48.58
38	Aidan Smith	3000m s/c	9:34.12
39	Sam Clarke	400m	47.42
39	Milan Campion	3000m s/c	9:34.44
39	Marco Siniscalchi (Italy)	400mH	54.10
41	Giorgios Zaphiris	Triple Jump	14.34m
42	Ben Waterman	800m	1:49.02
42	Eleanor Bolton	5000m	16:09.84
45	Joel Bell (USA)	Discus	43.54m
47	Adam Dray	800m	1:49.41
48	Charlotte Dannatt	5000m	16:13.55
50	Maranga Mokaya	Triple Jump	14.23m



Peter Crawshaw MBE

Achilles are extremely proud that Peter has been recognised in the New Year's Honours.

One of the most senior officials in the country, he has officiated at countless events from grassroots up to the 2012 Olympic Games (*right*). As an administrator Peter is a former Chair of London Regional Council and recently retired from 8 years on the England Athletics Board.

From our own perspective, Peter was the Varsity Match winner at 400m in 1974. He was a member of the Oxford and Cambridge team who toured the USA in 1973 and during the mid 1970s he was Achilles Team Manager at a time when the Club was holding their own in the National League.

From 1987 he has been our Honorary Secretary. He undertook the huge task of computerising our membership records, and has been meticulous in keeping track of members and their addresses. Peter was on the management team of the Achilles tour to Hong Kong and China in 1991 and of the Oxford and Cambridge team to USA in 1995.

Other members recently recognised for services to sport include **Dame Sarah Springman** and **Mick Bromilow BEM**.



Roger Robinson notes: -

'Great news from New York Road Runners is the appointment of **Nnenna Lynch** as Chair of the Board, taking up that key role next June. The media releases rightly emphasise Nnenna's recent work as advisor to the Mayor of New York City, but I first knew her as a Rhodes Scholar at Oxford, when she was coached by my old friend **Bruce Tulloh**. She won the 5000m in the World Universiade 1997, and won the US cross-country trial 1998, representing USA at the world championships. The "semi-retired" Nnenna ran the 2002 New York City Marathon in 2:55:15, looking the class athlete she is. Twenty years later, in the Mastercard New York Mini 10K, she ran 40:26 at age 50, third in her age-group. After Oxford, she committed to a career in the non-profit area, and will now chair one of the world's most important non-profit organizations.'



Nnenna Lynch winning the English National Cross-Country in 1996 (although OUAC's failure to register her as a foreign athlete meant she could not be declared champion); and with her coach Bruce Tulloh

STOP PRESS—February 2023:-

Roger Robinson himself (*below*), guided his two new knees to M80 gold in the World Cross Country Championships on the brutal course at Bathhurst, Australia. He has previously won world titles at M40 and M50.



ACHILLES AT THE LICC



Alex Fogassy



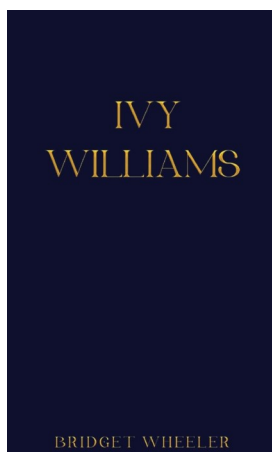
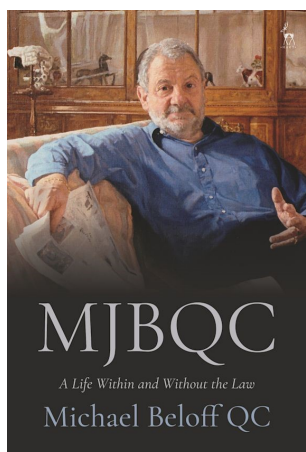
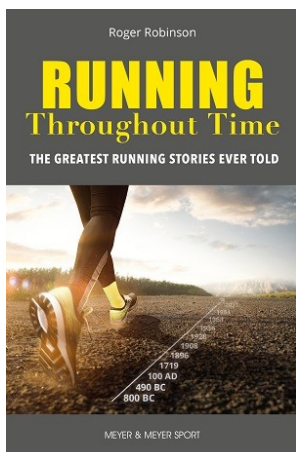
Bo Ivanovic



Stewart Humble



MEMBERS' PUBLICATIONS



OXFORD V CAMBRIDGE

VARSITY MATCH

8 MAY 2022, IFFLEY ROAD



Georgios Zaphiris, long jump and triple jump winner

147TH MEN'S BLUES MATCH

100m (wind -1.3), 1 Chizute Ogbedeh (C) 11.03, 2 Jake Watson (O) 11.05, 3 Orlando Bell (O) 11.23, 4 Edmond Bruce (C) 11.54, 200m (wind +0.7), 1 Jake Watson (O) 22.42, 2 Chizute Ogbedeh (C) 22.70, 3 Lemuel Crentsil (O) 22.81, 4 Edmond Bruce (C) 23.14, 400m, 1 Angus Harrington (C) 49.28, 2 Maximilian Buckley (O) 49.42, 3 Ryan Cherian (O) 49.53, 4 Adam Dray (C) 50.65, 800m, 1 Angus Harrington (C) 1:53.15, 2 Maximilian Buckley (O) 1:54.83, 3 Adam Dray (C) 1:55.17, 4 Alex Goodall (O) 1:55.89, Mile, 1 Harry Cox (C) 4:18.16, 2 Jeremy Dempsey (C) 4:19.49, 3 Miles Weatherseed (O)

4:20.50, 4 Matthew Fuller (O) 4:26.03, 5000m, 1 Joseph Massingham (C) 14:43.94, 2 Milan Campion (Cent. O) 14:52.81, 3 Thomas Wood (O) 15:02.26, 4 Thomas Renshaw (O) 15:08.75, 5 James Rennie (C) 15:14.39, 6 Ewan Spencer (Alv. C) 15:19.78, 7 Henry Silverstein (Alv. C) 15:44.65, 8 Leon Wheeler (Cent. O) 16:25.37, 110m hurdles (+2.3), 1 Samuel Clarke (C) 14.76, 2 Marco Siniscalchi (O) 15.22, 3 Will Parry (O) 15.78, 4 Alex Harper (C) 17.17, 200m hurdles (wind +0.1), 1 Samuel Clarke (C) 24.15, 2 Marco Siniscalchi (O) 24.93, 3 Joseph Mitchell (C) 25.98, 4 Will Parry (O) 28.11, 400m hurdles, 1 Samuel Clarke

(C) 52.27, 2 Maranga Mokaya (O) 52.68, 3 Marco Siniscalchi (O) 55.33, 4 Joseph Mitchell (C) 56.21, 3000m steeplechase, 1 Bradley Burke (O) 9:09.59, 2 James Edgerton (C) 9:11.15, 3 Terence Fawden (C) 9:16.52, 4 Aidan Smith (O) 9:34.12, 5 Neil Ibata (Alv. C) 10:01.85, 6 Tom Spencer (Alv. C) 10:13.77, 7 Charlie McMillan (Cent. O) 10:48.89, 8 James Morris (Cent. O) 11:07.11, High Jump, 1 Maranga Mokaya (O) 1.85, 2 Ethan Sorrell (C) 1.85, 3 Daniel Roffey (C) 1.85, 4 Adam Coates (O) 1.75, Pole Vault, 1 Daniel Roffey (C) 3.60, 2 Nick Smart (O) 3.50, 3 Jinsen Lu (O) 2.90, 4 Lucas Mordue (C) 2.80, Long Jump, 1 Georgios Zaphiris

(C) 6.94, 2 Sandy MacAulay (O) 6.83, 3 Adam Coates (O) 6.80, 6 Morgan Treasure (C) 5.93, Triple Jump, 1 Georgios Zaphiris (C) 14.34, 2 Maranga Mokaya (O) 14.23, 3 Anthony Akinwale (O) 13.43, 6 Morgan Treasure (C) 12.48, Shot, 1 Marley Young (C) 14.40, 2 Alex Fogassy (O) 13.14, 3 Joel Bell (O) 12.82, 4 Maciej Maruszczak (C) 12.29, Discus, 1 Marley Young (C) 46.46, 2 Ikechi Mere (C) 39.84, 3 Joel Bell (O) 39.04, 8

100m (wind +3.3), 1 Adahna Ekoku (O) 12.32, 2 Zoe Nunn (O) 12.65, 3 Victoria Ubenyi (C) 12.82, 4 Kefeshe Bernard (C) 13.18, 200m (wind +0.8), 1 Zoe Nunn (O) 26.87, 2 Issy Busa (O) 26.93, 3 Sophie Dowle (C) 26.94, 4 Jessica O'Flaherty (C) 27.80, 400m, 1 Louise Shanahan (C) (match record) 55.88, 2 Sophie Dowle (C) 1:00.26, 3 Alice Harray (O) 1:00.31, 4 Charlotte Buckley (O) 1:00.74, 800m, 1 Louise Shanahan (C)

(C) 31.58, 3 Lea Wenger (C) 32.74, 4 Saskia Krefting (O) 35.23, 400m hurdles, 1 Joy Lisney (C) 1:06.22, 2 Charlotte Buckley (O) 1:07.57, 3 Saskia Krefting (O) 1:14.83, 4 Martha Bevan (C) 1:17.35. 2000m steeplechase, 1 Anna Sharp (O) 7:15.81, 2 Emily Carroll (Mill. O) (**2nd team match record**) 7:16.67, 3 Ella Sharrock (O) 7:21.27, 4 Maya Hodgson (C) 7:34.26, 5 Rebecca Walker (Mill. O) 7:54.23, 6 Amy Rad-

The Drake-Digby Trophy (best performance in the Mens' Match):

Sam Clarke

The Susan Dennler Trophy (best performance in the Womens' Match):

Phoebe Barker

The Le Touquet Trophy (most improved athlete during 2020-21):

Adahna Ekoku

The Paul Gomme Trophy (season's best throwing performance):

Johanna Schoenecker

The Achilles Trophy (outstanding contribution to Oxbridge athletics):

Louise Shanahan

The Steven Stuart Trophy (most notable second-team performance):

Emily Carroll

Stewart Humble (O) 30.59, Hammer, 1 Robin Croft (C) 43.77, 2 Marley Young (C) 43.27, 4 Joel Bell (O) 30.69, 5 Stewart Humble (O) 30.41, Javelin, 1 Rowan Burford (O) 54.68, 2 Jude Compton-Stewart (C) 53.93, 3 Michael Miller (C) 50.67, 5 James Perriman (O) 44.61. 4x100m relay, 1 Cambridge 42.94 (Clarke, Ogbedeh, Bruce, Shimamune), 2 Oxford 42.95 (Crentsil, Watson, Preest, Cicale), 3 Centipedes 44.16, (Parry, Ojeabulu, Coates, Leyland), 4 Alverstone 48.63. 4x400m relay, 1 Cambridge 3:18.24 (Clarke 49.4, Dray 50.1, Cox 49.7, Harrington 48.7), 2 Oxford 3:20.31 (Siniscalchi 50.3, Buckley 48.8, Nelson 51.2, Cherian 49.6), 3 Centipedes 3:31.08 (Coates 53.0, Shaw 52.4, Barrett 53.2, Goodall 52.5), 4 Alverstone 3:36.05 (Parker 53.3, Cmrlec 54.3, Wilkins 56.7, Mitchell 51.4).

Result: Cambridge 121, Oxford 91

47TH WOMEN'S BLUES MATCH

2:14.29, 2 Catherine Gallagher (O) 2:15.54, 3 Milly Dickinson (C) 2:17.63, 4 Eliska Freiberegerova (O) 2:20.03, Mile, 1 Niamh Bridson Hubbard (C) 4:49.15, 2 Alex Shipley (O) 4:51.03, 3 Maia Hardman (C) 4:54.39, 4 Alex Brown (O) 4:59.10. 5000m, 1 Phoebe Barker (C) (**match record**) 16:34.69, 2 Nancy Scott (C) 16:50.31, 3 Grace Molloy (O) 17:06.17, 4 Lauren Major (Mill. O) (**2nd team match record**) 17:36.11, 5 Rhianon Paton (Mill. O) 17:37.69, 6 Floren Scafton (O) 17:43.92, 7 Helene Greenwood (All. C) 18:03.81, 8 Anna Kelly (All. C) 19:07.70, 110m hurdles (+0.0), 1 Adahna Ekoku (O) 15.13, 2 Femke Van Den Bos (O) 16.55, 3 Lea Wenger (C) 16.59, 4 Maddie Anstruther (C) 18.84, 200m hurdles (wind +0.4), 1 Adahna Ekoku (O) 30.52, 2 Joy Lisney

ford (All. C) 8:08.56, 7 Breanna Deutsch (All. C) 8:27.45, 8 Seren Rayment (C) 8:42.16. High Jump, 1 Leonie Brunning (C) 1.63, 2 Lea Wenger (C) 1.50, 3 Femke Van Den Bos (O) 1.45, 4 Amelia Inglis (O) 1.45, Pole Vault, 1 Shani Wright (C) 2.50, 2 Jen Sheasby (C) 2.20, 3 Amelia Inglis (O) 2.00, 5 Marissa Mueller (O) 1.90, Long Jump, 1 Mary Adeniji (C) 5.93, 2 Adahna Ekoku (O) 5.72, 3 Maddie Smith (O) 5.17, 5 Leonie Brunning (C) 5.05, Triple Jump, 1 Mary Adeniji (C) 11.45, 2 Maddie Smith (O) 10.61, 5 Megan Groombridge (O) 9.59, 6 Michaela Mensah (C) 9.43, Shot, 1 Chimdi Okpalauko (O) 11.86, 2 Esther Leong (O) 11.45, 3 Grace Izinyon (C) 10.80, 4 Leonie Brunning (C) 10.02, Discus, 1 Maya Mellor (O) 37.79, 2 Chimdi Okpalauko (O) 36.03, 3 Leonie

New WOMEN'S BLUES Match Records

Louise Shanahan	400m	55.88
Phoebe Barker	5000m	16:34.69
Johanna Schoenecker	Javelin	43.48

Previous Match Records

A. Kaye	56.11 (2014)
K. Wilder	16:36.7 (2000)
K. Davies	42.43 (2018)



Adahna Ekoku, Kefeshe Bernard, Victoria Ubenyi, Zoe Nunn





Ikechi Mere



Mary Adeniji



Orlando Bell, Edmond Bruce, Chizute Ogbedeh and Jake Watson

Aidan Smith and Neil Ibata

Brunning (C) 30.15, 7 Kiera Messenger (C) 22.95, Hammer, 1 Phoebe Baggott (O) 52.67, 2 Grace Izinyon (C) 33.39, 4 Kiera Messenger (C) 32.78, 5 Maya Mellor (O) 28.19, Javelin, 1 Johanna Schoenecker (C) (match record) 43.48, 2 Eleanor Butt (O) 39.50, 3 Martha Bevan (C) 36.73, 4 Marissa Mueller (O) 36.45. 4x100m relay, 1 Oxford 50.26 (Morse Nunn Robson Ekoku), 2 Cambridge 50.81, (Ubenyi,, Dowle, Lisney, O'Flaherty), 3 Alligators 52.36 (Poon, Bennett, Charles, Wenger) 4 Millipedes 53.27 (Johnson, Van den Bos, Awodiya, Maton). 4x400m relay, 1 Cambridge 3:57.02 (O'Keefe 59.4, O'Flaherty 60.3, Dickinson 60.1 Shanahan 57.3), 2 Oxford 4:02.76 (Buckley 60.5 Harray 59.3 Busa 62.6 Gallagher 60.4), 3 Millipedes 4:08.82 (**2nd team match record**) (Hatinova, Brown, Schwarze-Chintapatla, Freiburgerova), 4 Alligators 4:15.09 (Ventham 65.3, Hardman

62,1, Bennett 63.3, Barker 64.4),

Result: Oxford 106, Cambridge 106

65th CENTIPEDES v ALVERSTONE Match

100m (*no wind reading taken*), 1 Alfie Cicale (Cent. O) 11.21, 2 Tim Andrew (Alv. C) 11.36, 3 David Ojeabulu (Cent. O) 11.37, 4 Satoki Shimamune (Alv. C) 11.72. 200m (*no wind reading taken*), 1 Alfie Cicale (Cent. O) 22.52, 2 Samuel Nelson (Cent. O) 22.87, 3 Isaac Parker (Alv. C) 24.30, 4 Ben Ross-Russell (Alv. C) 25.22. 400m, 1 Samuel Nelson (Cent. O) 50.70, 2 Andrew Shaw (Cent. O) 51.34, 3 Isaac Parker (Alv. C) 52.49, 4 Marko Cmrlec (Alv. C) 53.18. 800m, 1 Thomas Barrett (Cent. O) 1:59.44, 2 Andrew Shaw (Cent. O) 1:59.70, 3 Cillian Doherty (Alv. C) 2:01.07, 4 Matthew Sutcliffe (Alv. C) 2:04.09. Mile, 1 Peter Cameron (Alv. C) 4:20.21, 2 Milan Champion (Cent. O) 4:22.82, 3 Cillian

Doherty (Alv. C) 4:28.79, 4 Joseph Edwards (Cent. O) 4:30.24. 110m hurdles (+1.8), 1 Joseph Murphy (Cent. O) 18.74, 2 Thomas Fisher (Alv. C) 18.79, 3 Samuel Charlwood (Alv. C) 19.76, 4 Archie Moss (Cent. O) 21.93. 200m hurdles (*no wind reading taken*), 1 Tom Wilkins (Alv. C) 28.74, 2 Archie Moss (Cent. O) 28.89, 3 Dillon Rinauro (Alv. C) 28.98, 4 Joseph Murphy (Cent. O) 29.17. 400m hurdles, 1 Tom Wilkins (Alv. C) 59.99, 2 Isaac Rushworth (Cent. O) 1:00.73, 3 Reuben Leyland (Cent. O) 1:02.82, 4 Dillon Rinauro (Alv. C) 1:04.08. High Jump, 1 Sebastian Mobus (Alv. C) 1.70, 2 Ethan Kidd (Cent. O) 1.70, 3 Oliver Carter (Cent. O) 1.55, 4 Matthew Williams (Alv. C) 1.50. Pole Vault, 1 Jirka Kucera (Cent. O) 2.80, 2 David Craven (Cent. O) 2.60, 3 Kyle Van Der Spuy (Alv. C) 2.60, 4 Ilya Carey (Alv. C) 2.50. Long Jump, 1 Oliver Bazin (Cent. O) 6.07, 2 Jimi Fafowora (Cent.





Arya Arun



Molly Dickinson, Eliska Freiberegerova, Catherine Gallagher and Louise Shanahan





Aidan Smith and Neil Ibata



Will Parry, Joe Mitchell & Marco Siniscalchi trail Samuel Clarke, winner of the Drake-Digby Trophy

O) 6.04, 3 Sebastian Mobus (Alv. C) 5.86, 4 Fortune Isoka-Onwordi (Alv. C) 5.80. Triple Jump, 1 Jimi Fafowora (Cent. O) 13.11, 2 Tim Chan (Cent. O) 12.69, 3 Sebastian Mobus (Alv. C) 12.44, 4 Baker Lubwama (Alv. C) 11.27. Shot, 1 Angus Peters (Alv. C) 11.10, 2 Eric Hembling (Cent. O) 10.38, 3 Xianming Liu (Cent. O) 9.90, 4 Alex Blake-Martin (Alv. C) 8.82. Discus, 1 Angus Peters (Alv. C) 35.29, 2 Hector Skipworth (Cent. O) 34.80, 3 Xianming Liu (Cent. O) 34.62, 4 Alex Blake-Martin (Alv. C) 31.37. Hammer, 1 Xianming Liu (Cent. O) 31.03, 2 Danny Irvine (Cent. O) 27.33, 3 Kerem Mumyalmaz (Alv. C) 25.52, 4 James Meech (Alv. C) 22.34. Javelin, 1 Dominic Wells (Alv. C) 47.55,

2 Arya Arun (Cent. O) 42.37, 3 Alex Myhill (Alv. C) 38.89, 4 Joseph Phelps (Cent. O) 38.73. (For 5000m, Steeplechase and relays see Blues results)

Result: Oxford Centipedes 120, Cambridge Alverstone 92

33rd MILLIPEDES v ALLIGATORS Match

100m (wind +3.2), 1 Jessica Poon (All. C) 13.31, 2 Serena Charles (All. C) 13.31, 3 Iris-Mae Morse (Mill. O) 13.40, 4 Sophie Robson (Mill. O) 13.52. 200m (wind -0.6), 1 Emma Bennett (All. C) 27.36, 2 Sophie Robson (Mill. O) 27.93, 3 Jessica Poon (All. C) 27.97, 4 Eniola Awodiya (Mill. O) 28.99. 400m, 1 Ellie O'Keefe (All. C) 59.80, 2 Emma Bennett

(All. C) 1:01.37, 3 Anika Schwarze-Chintapatla (Mill. O) 1:01.64, 4 Klara Hatinova (Mill. O) 1:01.67. 800m, 1 Klara Hatinova (Mill. O) (**match record**) 2:19.90, 2 Nancie Bowley (Mill. O) 2:21.52, 3 Ellie Sakaria (All. C) 2:23.04, 4 Amber Wright (All. C) 2:37.05. Mile, 1 Alice Garner (Mill. O) (**match record**) 4:58.44, 2 Olivia Kelly (Mill. O) 5:07.45, 3 Sarah Blockley (All. C) 5:23.58, 4 Ellie Taylor (All. C) 5:30.29. 100m hurdles (+0.1), 1 Julia Johnson (Mill. O) 17.76, 2 Hannah Badger (All. C) 19.80, 3 Philippa Samella (All. C) 20.02, 4 Klara Hatinova (Mill. O) 22.62. 200m hurdles (wind +0.6), 1 Julia Johnson (Mill. O) (**match record**) 32.20, 2 Klara Hatinova (Mill. O) 35.94, 3 Hannah Badger (All.

C) 36.17, 4 Nina Elliott (All. C) 39.24. 400m hurdles, 1 Anika Schwarze-Chintapatla (Mill. O) 1:10.97, 2 Jasmine Ventham (All. C) 1:11.12, 3 Amy Radford (All. C) 1:17.44, 4 Rebecca Walker (Mill. O) 1:18.80. High Jump, 1 Lucy Buchanan (Mill. O) 1.40, 2 Bronya Sykes (All. C) 1.40, 3 Hannah Badger (All. C) 1.40, 4 Meggie Bradley (Mill. O) 1.35. Pole Vault, 1 Lucy Buchanan (Mill. O) 2.00, 2 Kezia Taylor (Mill. O) 1.80, 3 Bethan Mapes (All. C) 1.50, 4 Elouise Suisa (All. C) NH. Long Jump, 1 Charlotte Ellis (All. C) 5.08, 2 Julia Johnson (Mill. O) 4.79, 3 Polly Maton (Mill. O) 4.69, 4 Christina Antoniou (All. C) 4.68. Triple Jump, 1 Julia Johnson (Mill. O) 10.35, 2 Iris-Mae Morse (Mill. O) 10.32, 3 Christina Antoniou (All. C) 9.21, 4

New MILLIPEDES v ALLIGATORS Records

Emily Carroll	2000mSC	7:16.67
Julia Johnson	200mH	32.20
Lauren Major	5000m	17:36.11
Klara Hatinova	800m	2:19.90
Alice Garner	Mile	4:58.44
Millipedes	4x400m	4:08.82

Previous Match Records

C. Hurton	7:26.21 (2018)
G. Frigerio	32.39 (2018)
K. Moore	17:47.65 (2008)
H. Petho	2:20.02 (2014)
A. Beverly	5:11.6 (2004)
Millipedes	4:09.4 (1990)

Charlotte Ellis (All. C) 8.81. Shot, 1 Hetta Friend (All. C) 9.91, 2 Caitlin McCabe (Mill. O) 9.27, 3 Vivian Abrokwah (Mill. O) 8.43, 4 Rosie Rice (All. C) 8.12. Discus, 1 Caitlin McCabe (Mill. O) 28.43, 2 Amy Jackson (Mill. O) 24.72, 3 Rosie Rice (All. C) 23.06, 4 Joanna Olatunji (All. C) 22.45. Hammer, 1 Vivian Abrokwah (Mill. O) 32.82, 2 Emaan Ullah (All. C) 25.78, 3 Iris-Mae Morse (Mill. O) 24.41, 4 Joanna Olatunji (All. C) 24.37. Javelin, 1 Shona McNab

(Mill. O) 24.87, 2 Hetta Friend (All. C) 22.10, 3 Gemma King (All. C) 21.36, 4 Daisy Jowers (Mill. O) 17.72. (For 5000m, Steeplechase and relays see Blues results)

Result: Oxford Millipedes 122, Cambridge Alligators 89,

Results: Tom Renshaw

Photos: Andy Hodge

DINNER FOR DAI ROBERTS



A dinner in honour of our recently retired President Dai Roberts was held on 14th May 2022: it was intended to coincide with the Varsity Match, which however had to be moved forward by a week.



In attendance were Bob Angier, Michael Beloff, James Brierley, Susi Caesar, Peter Clarkson, Tim Coker, Jo Cripps, John & Barbara Crosse, Ben Ellis, David Gardiner, Julian Goater, Andrew Hodge, Emma Hooper, Neil Leach, Trevor Llewelyn, Elizabeth Mansfield, Andrew Morrod, Tiffany Nicholson, Chinedu Nwokoro, Andy and Alisa Robinson, Richard Stark, Tim Taylor, David & Marica Tearle, Humphrey Waddington, Matt Weaver, Geoffrey Weston, Bridget Wheeler and Paul & Claire Willcox. Dai was accompanied by his partner and fellow former Welsh international, Gwyneth Barnwell. Michael Beloff proposed the toast to the Guests.



VARSITY FIELD EVENTS & RELAYS

2022, LEE VALLEY

Relays results

60m (M) – Heat 1; Sam Clarke (C) ; Mounir Hinedi (C) 7.15; Henry Wadsworth Oxford University 7.24; Sandy MacAulay Oxford University 7.38; Lemuel Crentsil Oxford University 7.39;**60m (M) – Heat 2;** Zute Ogbodeh (C) 7.15; Edmond Bruce (C) 7.24; Will Parry (O) 7.42; Emmanuel Boakye (O) 7.55; Ben Ross-Russell (C) 7.64;**60m (M) – Heat 3;** Kaesi Opara Lincoln Wellington (guest) 6.97; Toby

9.91; Hannah Badger (C) 11.15; Martha Bevan (C) 11.70;**60mH (W) – Heat 2;** Leonie Brunning (C) 10.71; Alice Harray (O) 11.27; Julia Johnson (O) 11.32; Maddie Anstruther (C) 11.37; Emma Clarke (O) 12.08;**4x200m (M) ;** Cambridge A (C) 1:33.75 Sam Clarke, Joe Mitchell, Ed Bruce, Ben Ross-Russell; Oxford B (O) (guest) 1:39.75; Cambridge B (C) (guest) 1:42.89; Oxford A (O) DNF; Achilles Achilles (guest) DNF Kaesi Opara, Ben Ellis, -, -;; **4x200m (W)** Oxford (O) 1:50.40 Zoe

timed] Oxford (O) 8:08.3 Alice Harray, Klara Hatinova, Eliska Freiberegova, Alexandra Brown;**4x800m (W)** Oxford (O) 9:25.62; Cambridge A (C) 9:44.23 Anna Anderson/Maia Hardman/Maya Hodgson/Milly Dickinson; Cambridge B (C) (guest) 11:05.25 Rosie Poling/Rosie Mutsaars/Chinazo Okeke/Lucy Randall;**Medley (1200-400-800-1600) (M)** Cambridge (C) 10:11.67 Angus Harrington, Sam Clarke, Harry Cox, Jeremy Dempsey; Oxford (O) 10:39.84; **Medley (1200-400-800-1600) (W) ; 1**



Hiller (O) (guest) 7.32; Richard Kirkham (O) (guest) 7.82;**60m (W) – Heat 1;** Adahna Ekoku (O) 8.09; Zoe Nunn (O) 8.10; Victoria Ubenyi (C) 8.28; Joy Lisney (C) 8.49; Polly Maton (O) 9.06;**60m (W) – Heat 2;** Kefeshe Bernard (C) 8.44; Jessica Poon (C) 8.47; Lea Wenger (C) 8.49; Femke Van Den Bos (O) 8.69; Julia Johnson (O) 8.71; Daisy Jowers (O) (guest) 9.48;**60mH (M) – Heat 1;** Sam Clarke (C) 8.27; Marco Siniscalchi (O) 8.56; Will Parry (O) 9.10; Dan Roffey (C) 9.57; Sam Charlwood (C) 11.83;**60mH (M) – Heat 2;** Joe Mitchell (C) 9.62; Nick Smart (O) 9.63; Alex Harper (C) 9.94; Archie Moss (O) 15.25; Joseph Murphy (O) DNS;**60mH (W) – Heat 1;** Adahna Ekoku (O) 9.26; Lea Wenger (C) 9.71; Femke Van Den Bos (O)

Nunn 27.3, Isabella Busa 28.3, Femke Van Den Bos 28.6, Adahna Ekoku 26.2; Cambridge A (C) 1:50.55 Victoria Ubenyi/Kefeshe Bernard/Sophie Dowle/Joy Lisney; Cambridge B (C) (guest) 2:04.68 Emma Bennett/Nina Elliott/Madeleine Anstruther/Penelope Batty;**4x400m (M)** Cambridge A (C) 3:21.32 Joe Mitchell, Angus Harrington, Adam Dray, Sam Clarke; Oxford A (O) 3:23.82; Oxford B (O) (guest) 3:38.82; Cambridge B (C) (guest) 3:38.88; **4x400m (W)** Cambridge (C) 4:05.39 Sophie Dowle/Jess O'Flaherty/Emma Bennett/Milly Dickinson; Oxford (O) 4:13.32 Isabella Busa, Sophie Robson, Eliska Freiberegova, Alice Harray; **4x800m (M) ;** [hand timed] Cambridge (C) 8:01.3 Adam Dray, Cillian Doherty, Jeremy Dempsey, Harry Cox;[hand

Oxford (O) 12:16.22 Klara Hatinova 3:55.1 1200, Alice Harray 61.1 400, Eliska Freiberegova 2:27.6 800, Alexandra Brown 4:52.4 1600;2 Cambridge (C) 12:19.66 Anna Anderson/Jess O'Flaherty/Milly Dickinson/Maia Hardman;**5000m** 1 Archer Biggs (C) (guest) 18:31.46.

Field event team scores:

DT (M) ; 1 CUAC 134.86; 2 OUAC 121.14;DT (W) ; 1 OUAC 114.65; 2 CUAC 99.40;HJ (M) ; 1 CUAC 7.16; 2 OUAC 6.71;HJ (W) ; 1 CUAC 5.93; 2 OUAC 5.71;HT (M) ; 1 CUAC 140.52; 2 OUAC 107.67;HT (W) ; 1 OUAC 115.72; 2 CUAC 110.79;JT (M) ; 1 OUAC 186.43; 2 CUAC 185.43;JT (W) ; 1 CUAC 138.22; 2 OUAC 83.34;LJ (M) ; 1 OUAC 23.97; 2

CUAC 21.56; LJ (W); 1 OUAC 18.86; 2 CUAC 17.33; PV (M); 1 CUAC 12.40; 2 OUAC 10.70; PV (W); 1 CUAC 9.70; 2 OUAC DNS; SP (M); 1 CUAC 46.58; 2 OUAC 42.38; SP (W); 1 CUAC 40.24; 2 OUAC 37.21; TJ (M); 1 OUAC 52.92; 2 CUAC 45.68; TJ (W); 1 OUAC 40.64; 2 CUAC 34.97.

Field event individual performances:

DT (M) Marley Young (C) 46.47; Joel Bell (O) 37.29; Ikechi Mere (C) 34.20; Xianming Liu (O) 30.73; James Tufnell Achilles (guest) 28.86; Robin Croft (C) 28.49; Stewart Humble (O) 27.48; Alex Blake-Martin (C) 25.70; Daniel Irvine (O) 25.64; Eric Hembling (O) (guest) 25.45; Ben Holdsworth (O) (guest) 23.63; **DT (W)** Chimdi Okpalauko (O) 34.39; Vivian Abrokwah (O) 28.22; Leonie Brunning (C) 27.26; Caitlin McCabe (O) 26.18; Phoebe Baggott (O) 25.86; Grace Izinyon (C) 25.21; Kiera Messenger (C) 24.07; Joanna Olatunji (C) 22.86; Sarah Tisdale Achilles (guest) 19.50; **HJ (M)** Ethan Sorrell (C) 1.86; Maranga Mokaya (O) 1.86; Dan Roffey (C) 1.80; Adam Coates (O) 1.75; Seb Mobus (C) 1.75; Morgan Treasure (C) 1.75; Jinsen Lu (O) 1.55; Antony Akinwale (O) 1.55; **HJ (W)** Leonie Brunning (C) 1.57; Femke Van Den Bos (O) 1.51; Lea Wenger (C) 1.51; Amelia Inglis (O) 1.45; Yasmin Sadler-Reeves (O) 1.45; Hannah Badger (C) 1.45; Claire Forey (C) 1.40; Meggie Smith (O) 1.30; Angela Liu (O) (guest) 1.25; **HT (M)** Robin Croft (C) 49.62; Marley Young (C) 40.44; Stewart Humble (O) 31.08; Xianming Liu (O) 30.15; Kerem Mumyakaz (C) 28.01; Daniel Irvine (O) 26.83; James Meech (C) 22.45; Eric Hembling (O) 19.61; **HT (W)** Phoebe Baggott (O) 51.55; Grace Izinyon (C) 36.51; Kiera Messenger (C) 25.85; Emaan Ullah (C) 25.13; Vivian Abrokwah (O) 24.49; Joanna Olatunji (C) 23.30; Iris-Mae Morse (O) 21.39; Anastasia Okoyeozor (O) 18.29; **JT (M)** Rowan Buford (O) 56.06; Michael Miller (C) 55.90; Angus Harrington (C) 49.29; Joseph Phelps (O) 43.68; James Perriman (O) 43.51; Arun Arya (O) 43.18; Dom Wells (C) 42.50; Alex Myhill (C) 37.54; **JT (W)** Joanna Schoenecker (C) 41.10; Marissa Mueller (O) 36.45; Andrea Novoa-Martinez (C) 36.23; Martha Bevan (C) 33.27; Leonie Brunning (C) 27.62; Lina Wolfram (C) (guest) 27.03; Adahna Ekoku (O) 17.42; Emma Clarke (O) 15.61; Phoebe Baggott (O) 13.86; **LJ (M)** Sandy MacAulay (O) 6.55; Adam Coates (O) 6.34; Maranga Mokaya (O) (guest) 5.95; Olujimi Fafowora (O) 5.90; Fortune Isoka-Onwordi (C) 5.80; Seb Mobus (C) 5.66; Morgan Treasure (C) 5.65; Antony Akinwale (O) 5.18; Ishan Pai Dhungat (C) 4.45; **LJ (W)** Adahna



Ekoku (O) 5.29; Julia Johnson (O) 4.87; Polly Maton (O) 4.75; Michaela Mensah (C) 4.54; Christina Antoniou (C) 4.52; Kefeshe Bernard (C) 4.45; Eniola Awodiya (O) 3.95; Hannah Saik (C) 3.82; **PV (M)** Dan Roffey (C) 3.60; Nick Smart (O) 3.50; Lucas Mordue (C) 3.20; Ilya Carey (C) 2.90; Jinsen Lu (O) 2.70; Jacob Watts (C) 2.70; Jirka Kucera (O) 2.50; James Perriman (O) 2.00; **PV (W)** Chloe Billingham Horscham Blue Star (guest) 3.30; Sam May Birchfield Harriers (guest) 3.00; Shani Wright (C) 2.80; Jen Sheasby (C) 2.80; Elise Chang (C) 2.20; Bethan Mapes (C) 1.90; Eloise Suissa (C) (guest) 1.80; **SP (M)** Marley Young (C) 15.52; Alex Fogassy (O) 11.73; Robin Croft (C) 10.87; Ikechi Mere (C) 10.84; Stewart Humble (O) 10.55; Xianming Liu (O) 10.31; Daniel Irvine (O) 9.79; Alex Blake-Martin (C) 9.35; Eric Hem-

bling (O) (guest) 8.34; **SP (W)** Chimdi Okpalauko (O) 11.35; Grace Izinyon (C) 10.69; Leonie Brunning (C) 10.61; Martha Bevan (C) 10.05; Caitlin McCabe (O) 9.53; Vivian Abrokwah (O) 8.91; Rosie Rice (C) 8.89; Lina Wolfram (C) (guest) 8.53; Anastasia Okoyeozor (O) 7.42; **TJ (M)** Maranga Mokaya (O) 14.02; Antony Akinwale (O) 13.49; Olujimi Fafowora (O) 13.06; Timothy Chan (O) 12.35; Morgan Treasure (C) 12.23; Seb Mobus (C) 12.21; Oliver Bazin (O) (guest) 11.74; Dom Wells (C) 11.26; Ishan Pai Dhungat (C) 9.98; **TJ (W)** Michaela Mensah (C) 10.50; Iris-Mae Morse (O) 10.38; Yasmin Sadler-Reeves (O) 10.24; Julia Johnson (O) 10.13; Sophie Brown (O) 9.89; Christina Antoniou (C) 9.08; Penelope Batty (C) 8.05; Amiele Lavenir (C) 7.34;



IN MEMORIAM

WE HAVE HEARD OF THE DEATHS OF THE FOLLOWING:-

Robert Stanford (Christ's College, Cambridge, 1936-39) in about 1986.



After teaching at Felsted School he became Head of Department of Medical Physics at Royal Perth Hospital in Australia

Dr John Watt (University College, Oxford, 1931-33) on 29th October 1996.

A Rhodes Scholar alongside Jack Lovelock, JS Watt competed in the half mile at the Varsity Sports of 1933. A distinguished career in industry culminated in chairmanship of New Zealand Oil and Gas.

Professor James Mahoney (Balliol College, Oxford 1929-32) in 1997.

A Rhodes Scholar, JC Mahoney trained and competed alongside Jerry Cornes, and competed in the mile at the Varsity Sports of 1932. He pursued a varied career in senior posts at his original alma mater, the University of Queensland

Alexander Kennedy (Pembroke College, Cambridge 1936-39) on 12th June 1999

Alick Kennedy competed in the Varsity Relays 4 x 440y. After a

distinguished war in the Navy he managed the family dyeing business.

Niels Bugge (Pembroke College, Cambridge 1926-29) in 2000.

John Wyatt-Smith (Wadham College, Oxford 1935-9 and 1947-8) on 30th October 2002

JS Wyatt-Smith was in the victorious team at the 1938 Varsity Cross Country, placing 8th, and placed 3rd in the 3 miles at the 1939 Varsity Sports. He became a pioneer of rainforest regeneration in South East Asia.

Dr Robert Percival FRCS KStJ (St John's College, Oxford, 1934-38) in June 2004

RH Percival competed in the Varsity Cross Country of 1935 and 1936, in the mile at the Varsity Sports of 1937, and in the 3 miles in 1938. He became a consultant surgeon at West Kent Hospital.

Desmond Stratton (Magdalene College, Cambridge, 1945-48) on 16th November 2009

DW Stratton was 4th in the mile at the Varsity Sports of 1946 (Tommy Macpherson was 3rd) and 6th in 1947 (Roger Bannister won)

Dr John Maitland (Emmanuel College, Cambridge 1952-5) on 21st June 2013.

JM Maitland competed in the 120y hurdles at the Varsity Sports of 1954. After qualifying as a GP he devoted much of his life to charitable work in Uganda

Alex Horsley (Worcester

College, Oxford, 1962-65) on 1st December 2011



MA Horsley emigrated to the USA and was founding headmaster of Atlanta International School.

Rev. David Shiress (St Catharine's College, Cambridge, 1946-49 and Ridley Hall 1951-53) on 9th December 2013.

DHF Shiress competed in the mile at the 1948 Varsity Sports. He was also a Hockey Blue.

Robert Winsor (Corpus Christi College, Oxford, 1940-41) on 20th December 2013.



RH Winsor won the javelin at the Wartime Varsity Sports of 1941. He became a District Commissioner in Kenya.

John Young (St Edmund Hall, Oxford, 1956-60) on 19 March 2020

JRC Young competed in the 1957 Varsity Sports as a freshman. For the subsequent 3 years he dominated the 100y, winning on each occasion, also competing in some years in the 220y and the long jump. He was also a Rugby Blue.

The Times recorded that he “*played rugby for England, had a walk-on part in the Profumo affair and would cook family meals in the nude.*”

“*John Young belonged to the pantheon of sportsmen who scored tries or centuries for fun, partied without concern for curfews, had a sense of mischief and went to bed just before breakfast.*”

“*He would appear at an AAA match in black tie, clutching a bottle of champagne. Then he would strip into his running kit, win the race and polish off the bubbly next to his father’s Bentley.*”

“*Young had more than a tangential link to the runners glamorised in the film Chariots of Fire. Like Eric Liddell, he won the AAA 100-yards, in his case in 9.9 seconds in 1956: he was 18 and was referred to by the commentator in the Pathé news film as ‘an unknown schoolboy’.*”



The Rev Dr George Dole (University College, Oxford 1952-54) on 29th June 2021.

George F Dole won the mile (*photo*) at the Varsity Sports of 1954 in 4:15.2. He dined out on being ‘last in the first’ behind Roger Bannister in the four minute mile a few weeks later.

A graduate of Yale, he had placed 3rd for Harvard & Yale against Oxford & Cambridge in London in 1951.

He loved to remember his running days, and continued to ‘run around the block’ for as long as he could.



Marion Stevenson. February 20, 1930 – April 25, 2022

Marion first contacted us about twenty years ago: she had been inspired by the movie Chariots of Fire and her genealogical interests led her to seek out the families of Harold Abrahams and the other characters depicted. This led to much interesting correspondence with them and the Club, and a friendship which encompassed meetings on many occasions both in England and in the US. Although she had no particular interest in the sport per se, she became a staunch supporter of the Achilles Club, who made her an honorary member.



Marion (centre) watching the 2005 Oxford & Cambridge v Harvard & Yale meet at Harvard.

Dr David Donaldson (Corpus Christi College, Cambridge, 1953-57) on 20th February 2022.

The Achilles Schools Relays is an enduring legacy of which David was justly proud.

DW Donaldson was President of CUAC in 1957, and Hon Sec the year before, and in both posts his Oxford counterpart was Donald Gorrie at Oxford. After going down, and reflecting the careers in teaching on which they had both embarked, after several years on the Achilles Club committee he and Donald joined forces to found Achilles Schools Relays. The first meeting was held at Iffley Road on the 8th June 1963, with 21 schools represented and Adrian Metcalfe as referee. The Achilles Schools Relays has remained a prominent and prestigious schools fixture ever since, and is currently directed by Lucy Spray. The Club has given a trophy this



year for a new event, the mixed 4 x 400m.

David specialised in the 220y hurdles, and competed in the Varsity Sports of 1954, 1956 and 1957. His best time for the event, 24.3 at Feners on 7th May 1957, ranks 13th on the CUAC all-time lists. He was a captain of the Oxford and Cambridge team which toured the USA in 1957 (photo). And in 1974 he chaired the post Varsity Match dinner.

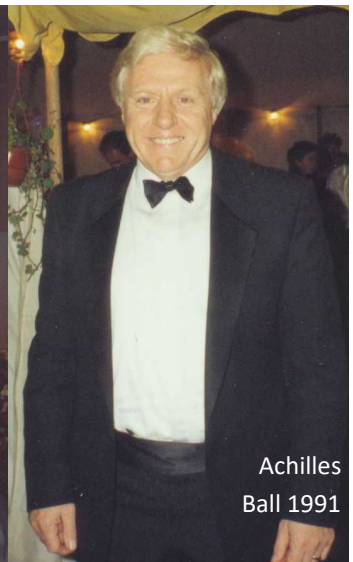
David became a highly regarded and progressive headmaster of Kimbolton School, overseeing the construction of a science block and the admission for the first time of girls. He retained a close interest in the Achilles Club throughout his life.



OXFORD-CAMBRIDGE SQUAD
 Left to right, back row: Coach Alan Malcolm (C), Manager Kenneth S. Duncan (O), R. Gwynn Roberts (C), Arthur G. Siler (O), C. Michael G. R. Jenkins (O), David W. Donaldson (C), Donald C. E. Gorrie (O), David Thornton (C), Donald I. B. Smith (O), Coach Kenneth Bone (O).
 Front row: Ian W. R. Malcolm (C), Paul Abrahams (O), John R. A. Scott-Oldfield (C), C. David Carrington (O), Roger Dunkley (C), Desmond E. F. Lake (O), A. James Grant (C), Kenneth A. K. North (O), John Kitching (C).

David's own account of setting up the Achilles Schools Relays:-

'The competition came about from an idea that I floated to the Club Committee. It did not get unanimous approval, and it was Tommy Macpherson's backing which carried the day. When Donald Gorrie went to Marlborough and became i/c athletics in 1960, I proposed to him that he should seek support from the schools Marlborough competed against, and I undertook to do the same for the Stowe contacts. We found that there was quite sufficient enthusiasm to set up a meeting at Iffley Road - a geographically convenient track for the schools on our combined fixture list who promised to take part. It was a success and the meeting grew in stature in succeeding years. I ran the meeting until the mid-70s and then handed over to Tim Taylor who oversaw continued success. There were medals, but no cups, awarded in 1963, but with the help of Tommy and Sandy Duncan we had fun raiding the Club's store of cups to produce some trophies in 1964.'



Achilles Ball 1991

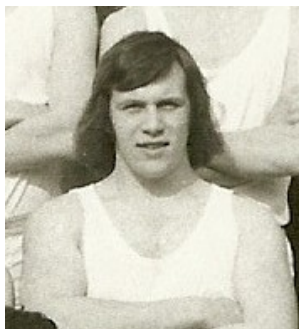


Tim Lintott (Christ's College, Cambridge 1971-74) on 12th August 2022

TD Lintott was 2nd in the Varsity Sports discus in 1972 ahead of his first string, John Gosden, and 4th in the shot. He was 4th in the discus in 1973, and 3rd in the shot in 1974, and represented Oxford & Cambridge on the tour to the USA in 1973. CUAC's redoubtable coach Roy Carter reckoned he had the most flexible back which he had ever encountered. Tim was even more formidable on the Rugby pitch: he toured Rhodesia with CURFC in 1974 where fellow double Blue, sprinter Dave Williams, recalls that he scored more tries from the pack than Dave did on the wing.

Tim was an Achilles stalwart who never refused a request for assistance. Notably he took on the catering arrangements for the 1995 Guildhall Banquet.

A kinder and more amiable person you could not hope to meet.



That the discus was only one of many sports where he showed power and talent meant that those around him held him in special regard - rugby, athletics to be followed by golf and real tennis. Tim was self effacing and charming throughout, and a very special team companion especially on tours: competitive, but always teamly supportive, and *apres* the skirmishes invariably the most entertaining and gracious gentleman. A special friend over many decades.

Paul Orchart (CUAC President 1974)

Lt Col John Ellicock OBE (Emmanuel College, Cambridge, 1969-72) on 13 May 2022

JH Ellicock added 2cm to match record in the high jump at the Varsity Sports of 1971, 2.02m (only 6cm off the UK record), winning again in 1972, when he was CUAC President. He also recorded two 2nd places in the pole vault and the high hurdles

Champion athlete, super-fit hill-climber and long-distance walker, decorated soldier and leader in business, graduate of Sandhurst and Cambridge (engineering), tireless worker, supporter and benefactor of Army retirees, schools and endangered birds of prey, top executive at Castrol-Burmah, dedicated husband, father and grandfather – the unique John Ellicock.

I met John in 1970, in Cambridge, as a fellow high-jumper, and liked him immediately. Within days of meeting, we invited him to dinner, which he accepted if he could bring his girlfriend, Wendy, to whom he was been married for almost 50 years. We cherished a close friendship ever since
-Neville Norman



John flanked by fellow Welbeck alumni Will Morris and Tim Coker

John was a tremendous guy. I well recall his speech at the 1972 VM dinner at the Café Royal.. I remember too in my early days as Achilles Hon Treasurer receiving a moving letter from John when he was Garrison Commander at Crossmaglen during the darkest days of the Troubles.

- Peter Crawshaw

Michael Orrell-Jones (St John's College, Cambridge 1952-57) on 26th February 2022.

Michael's most successful year on the track was 1955, when he won his Blue at 440 yards against Oxford, with Cecil Parkinson his second string, and then set a personal best time of 48.8 secs on the Achilles tour to Scandinavia which Robert Stinson had organised.

Another generation of members will remember with gratitude his hosting of the 1991 Achilles Ball (*left*).



Adrian Metcalfe

Further to the tributes published last year, **Jeffrey Archer** reflects:

Adrian was best man at my wedding (see photograph), and you'll notice that other great quarter miler of the day, Wendell Mottley, president of Cambridge, was an usher.

I first saw Adrian running in the English Schools Championships in 1957 when he hit the headlines day after day, and we all realised we were in the presence of a remarkable talent. As Michael Beloff pointed out, he would surely have won the gold medal in the Olympic Games if it had been a year earlier, when he won the American Championships when he beat Mike Larrabee who went on to win the gold.

It's also worth mentioning that in Olympic year, Adrian was badly injured and only just recovered in time to go to the Tokyo games. When I asked the Olympic skipper, Robbie Brightwell why Adrian had been chosen when he wasn't at his best, Brightwell simply replied, "If we get to the 4x400m final, I want him in the team. He still has the ability to pull out a leg that will guarantee a medal". How right he was.

The thing I most remember about Adrian was his beauty – there is no other word – on the track, when he looked like a gazelle as he headed to the line.

He was also a wonderful friend in good times and bad, and anyone who had the privilege of knowing him will miss him.

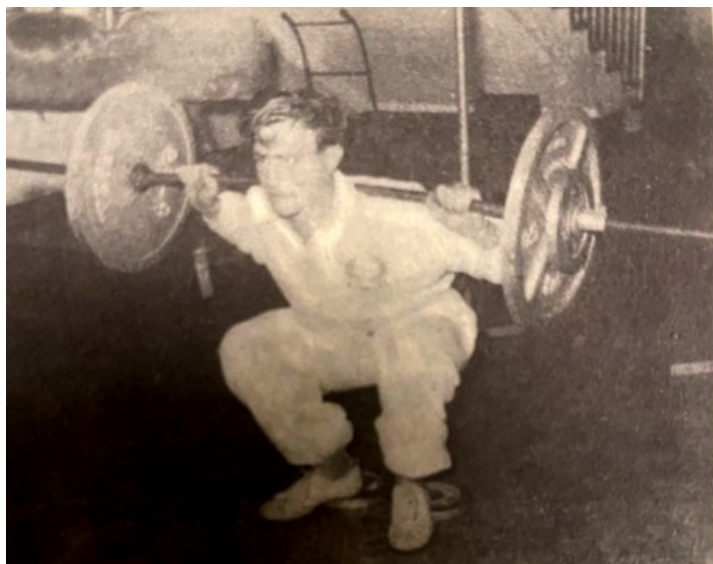


Geoff Reynolds

(St John's College, Cambridge 1954-57) in August 2020.

GW Reynolds pole vaulted for CUAC. His son Antony was a rowing Blue.

Weight training, in its infancy in the 1950s, was championed by CUAC's legendary coach, Allan Malcolm. His methods were revolutionary enough to provoke interest from other quarters, so the photo below left appeared in a rather niche body building magazine (to the hilarity of Reynolds family ever since) with the caption "*Reynolds uses weights to build stamina and endurance for this most difficult of field events. Seen here squatting with 140lb in sets of 10 repetitions*"



Bill Young (Clare College, Cambridge, 1938-9 and 1946-7) on 12th June 2013.

WC Young was 2nd in both the Varsity Cross Country of 1946 in which he led home the victorious Cambridge team and the Varsity Sports 3 miles of 1947.

Gareth Jones (Caius College, Cambridge, 1951-4) on 25th May 2014

GS Jones was 2nd in the pole vault at the Varsity Sports of 1954

Tony Maltby (St John's College, Cambridge, 1947-51) on 18th May 2019.



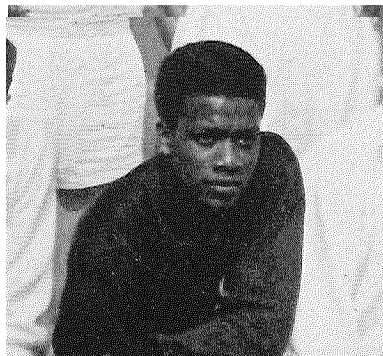
AJ Maltby competed in the discus at the Varsity Sports of 1948, 1949, 1950 and 1951. He became a successful Headmaster of Trent College.

Prof Simon Maddrell (St Catharine's College, Cambridge, 1956-62, and a Fellow of Caius College 1964-2020), on 10th September 2020.



SHP Maddrell was also a table tennis Half Blue. He was Emeritus Honorary Professor of Integrative Physiology at the Department of Zoology.

Desmond Luke (Keble College, Oxford, 1954-58 and Magdalene College, Cambridge, 1959-61) on 27th February 2021.



DEF Luke won the Varsity Sports long jump in 1956 and was 2nd in 1957: he also competed in the high jump each year from 1955 to 1958.

He represented Oxford & Cambridge in both events on the 1957 US tour.

We most recently saw Desmond during the London Olympics, when by happy chance he was staying at the venue where the Club was holding its celebrations.

He became a barrister in Sierra Leone, and thereafter a politician rising to Foreign Secretary and then Minister for Health.

Dr JD Scarr (Queens' College, Cambridge 1963-6) in November 2021.

John Scarr placed second to Jeffrey Archer in the Oxford v Cambridge Freshmen's sports in 1963. That may have been the only time he beat his team mate Peter Ashiki Egom, who went on to set a new Varsity Match record in 1966, with John placing 4th.

Cecil "Pip" Piper (Queens' College, Cambridge, 1946-48) on the 19th October 2022

Pip Piper placed 3rd in the 440y at the Varsity Sports of 1947 and 1948. On both occasions the race was won by Peter Wallis: in 1947

2nd was John Mark, who next year lit the Olympic flame; in 1948 Pip was first Cambridge athlete, behind also the 1949 winner and long time Achilles Hon Treasurer Derek Steel. Pip also competed for Achilles v Polytechnic Harriers and others.

Colin Bayne-Jardine



(University College, Oxford, 1953-56) on 12th January 2019.

Martin Thouless (Jesus College, Oxford 1950-53) on December 12, 2021

MH Thouless placed 2nd to John Lyons in the 1953 Varsity pole vault .

Lenton Allpress (St Catharine's College, Cambridge, 1956-59) on 18 November 2021.

Damien Knight (Exeter College, Oxford, 1962-65) on 24th April 2022.

DK Knight competed in the 220y hurdles (placing 2nd) 120y hurdles and the triple jump in the 1964 Varsity Sports, and placed 2nd again in the 220y hurdles in 1965. He lost out to Jeffrey Archer in the OUAC presidential election.

AS Akiwumi JSC (St John's College, Cambridge, 1947-49) in 1985

Augustus Akimumi competed in the high jump in the 1949 Varsity Sports. He became a barrister, Supreme Court Judge, and Speaker of the Parliament of Ghana.



THE ACHILLES TOUR TO MONACO



100m races, and the battle of the 400m hurdlers on the flat with swift PBs from Mokaya and Clarke



Jon Ridgeon on home turf.



Ben Ellis, Paul Willcox and Tim Coker.



AD Hemery

Over 70 Achilles members travelled to Monaco on a short August trip, master-minded by Léa Wenger, timed to coincide with the Monaco Diamond League.

Accommodation was in shared apartments at the Aparthotel a short walk from the Monaco Stade Louis-II

Stadium. On the night of the Diamond League, Achilles members were provided with tickets to watch the match from an excellent vantage point, either side of the 110m start line.

Athletes were offered the opportunity to compete in a ‘curtain-raiser’ match earlier

that evening, featuring races over 1000m, 400m, 200m and 100m. 10 athletes competed over the longer distance and a similar number ran the 100m and 200m with several PBs recorded. The men’s 400m was a particular highlight with two athletes running sub-48.

In addition, all were invited to train at the stadium the following day with access to the track and surrounding facilities.

Overall, it was a fantastic few days and a great opportunity for multiple generations of Achilles athletes to socialise and train together.

100 SM 1 -0.2 , 10.95 Kaesi Opara, 11.15 Isaac Kitchen-Smith, 11.32 Chizute Ogbedeh, 11.53 Kylian Vatrican, 11.62 Lemuel Crentsil, 11.89 Bryce Lim, 11.9 Hugo Marbotte,

100 SW 1 -0.1 , 13.13 -Adahna Ekoku, 13.57 Jessica Poon, 13.66 Lea Wenger, 13.7 Katie Han-nawin.

200 SM 1 +0.6 22.83 0.6 Isaac Kitchen-Smith, 22.92 Adam Coates, 23.76 Kylian Vatrican, 24.43 Oliver Bazin, 24.72 Hugo Marbotte, 24.83 Michael Smith, 26.68 James Tufnell

200 SW 1 -0.6, 26.42 Joy Lisney, 28.32 Julia Johnson, 28.62 Martha Stevens, 29.66 Femke Van Den Bos.

400 SM 1 , 47.17 Maranga Mokaya, 47.42 Samuel Clarke, 49.94 Adam Dray, 50.77 Sam Nelson, 57.42 Mattis Grenier,

400 SW 1 , 61.09 Sophie Dowle, 63.99 Milly Dickinson.

1000m (various races) 02:28.9 Jonathan Escalante-Phillips, 02:32.1 Rian McCawley , 02:35.3 Cillian Doherty, 02:36.7 Terence Fawden, 02:37.7 Thomas Renshaw, 02:41.0 James Rennie, 02:51.0 Henry Silverstein, 03:07.2 Sarah Blockley, 03:22.0 Belinda Dow, 03:28.0 Amber Wright, 02:56.4 Charlotte Buckley, 02:57.4 Maia Hardman, 03:01.0 Anna Anderson.



Kaesi Opara, Hugo Marbotte and Joy Lisney



Léa Wenger and CUAC photo bombing the TV coverage



Bob Young was a lynchpin of the Achilles team in the National League in the 1960s and 1970s



40 YEARS ON...

OUAC, CUAC AND ACHILLES IN 1982

OUAC President Christopher Humphry reflects:-

The 1981 match had been a close affair and Oxford were the favourites, so we were definitely looking for revenge. As it happened, the 1982 varsity match ended up being a bit of a disaster for the Oxford men's team. We were soundly beaten by a superior Cambridge team - with Trevor Llewelyn, Trevor Burton, Carson Porteous, Simon Keenlyside, Stuart Moore, and John Hemery all in sparkling form. Their 4x400 record 3:16.0 (Llewelyn 50.7, Keenlyside 48.3, Burton, Hemery 48.9) was truly exciting. The Cambridge Ladies were also magnificent with some excellent performances from Sue Parker, Sue Dalgoutte, Sarah Owen, Amma Kyei-Mensah - a real powerhouse team. It was, as you know, a complete clean sweep for Cambridge with Alverstone getting the better of the Centipedes by 3 points.

The high-points from the Oxford side were our sprinters with David Burn, Dominic Emery, and throwers with Paddy Mbu, Tony Best, Veijo Miihkinen and Ian Jackson - all in terrific form. The low points were many.

For me the stand out Oxford performance was Jackie Roynon beating the Ladies 100m record with 12.6 - the previous record set by Bridget Wheeler was thought untouchable.

Personally, I've blocked out the memories of that year - I have far more vivid and positive ones for 1981, 1984, and the US trip in 1981. Looking back with a bit of perspective, Cambridge had an amazing team composed of several international athletes (Porteous, Llewelyn, Burton, Owen, Dalgoutte, et al) and a superb supporting cast. But for a weakness on the throws on the men's side, the result would have been even worse for Oxford.



Christopher Humphry and Richard White on the 1981 US Tour

VARSITY MATCH 15 May 1982

Iffley Road, Oxford

MEN, Blues Match

100m D. Burn (O) 10.9, R. Smith (C) 11.2, M. Cheesman (C) 11.2, A. Hughes (O) 11.3

200m D. Burn (O) 22.0, D. Emery (O) 22.4, R. Smith (C) 22.4, M. Cheesman (C) 22.6

400m S. Keenlyside (C) 48.1, D. Emery (O) 48.3, M. McCabe (O) 49.9, D. Stephens (C) 52.4

800m S. Moore (C) 1:53.0, N. Fellows (O) 1:54.0, N. Leach (C) 1:54.7, P. Stuart-Smith (O) 1:59.8

1500m S. Moore (C) 3:53.6, M. Jackson (C) 3:55.9, M. Darville (O) 4:00.1, S. Gisby (O) 4:37.9

5000m N. Thin (C) 15:04.6, M. Power (O) 15:26.9, D. Nevell (O) 15:28.6, N. Leach (C) 15:50.5

110m hurdles C. Porteous (C) 14.7, C. Humphrey (O) 15.4, A. Ploszajski (C) 15.7, P. Clarkson (O) 26.3

200m hurdles J. Hemery (C) 24.1, I. Fenn-Tye (C) 25.0, C. Humphrey (O) 25.4, M. Davidson (O) 25.5

400m hurdles J. Hemery (C) 52.4,

T. Burton (C) 52.6, P. Clarkson (O) 55.6, M. Davidson (O) 59.2
Steeplechase J. Stoodley (C) 9:05.1, C. Blythe (O) 9:16.3, A. Suddards (O) 9:19.5, J. Miller (C) 10:12.6,

High Jump T. Llewellyn (C) 2.14 [record], P. McDonnell (O) 2.10, W. Dixon (C) 2.00, A. Beardmore (O) 1.75

Pole Vault R. Stone (C) 3.75, M. Robson (C) 3.00 [A. Beardmore (O) and M. Zirnbauer (O) both failed to clear a height]

Long Jump T. Llewellyn (C) 6.95, S. Keenlyside (C) 6.89, C. Humphrey (O) 6.68, D. Stone (O) 6.67

Triple Jump L. Neil (C) 13.98, M. Sellars (O) 13.95, P. Burrows (O) 13.40, J. Bennet (C) 13.26

Shot P. Mbu (O) 14.05, P. Gomme (C) 14.05, I. Jackson (O) 13.63, A. Morris (C) 12.47

Discus P. Mbu (O) 44.10, I. Jackson (O) 43.76, P. Gomme (C) 38.38, G. Weatherall (C) 32.30

Hammer V. Miihkinen (O) 46.92, P. Gomme (C) 45.36, G. Weatherall (C) 44.90, S. Clark (O) 44.36

Javelin A. Best (O) 58.38, M. Porter a(O) 54.02, N. Taylor-Young (C) 51.14, A. Morris (C) 47.04

4 x 100m Oxford (Armstrong, Emery, Hughes, Burn) 42.6, Cambridge (Perks, Phipps, Dixon, Cheesman) 44.2

4 x 400m Cambridge (Llewellyn 50.7, Keenlyside 48.3, Burton 48.1, Hemery 48.9) 3:16.0 [record], Oxford (Cropper, Fellows, McCabe, Emery) 3:20.8

Result Cambridge 115, Oxford 94

WOMEN, Blues Match

100m J. Roynon (O) 12.6 [record], S. Needham (C) 13.0, E. Reynolds (O) 13.4, L. Gee (C) 13.9

200m S. Dalgoutte (C) 25.3, J. Roynon (O) 25.7, S. Parker (C) 27.6, E. Reynolds (O) 27.8

400m S. Dalgoutte (C) 56.2 [record], J. Roynon (O) 57.8, A. Kyei-Mensah (C) 61.2, T. Belt (O) 61.3

800m S. Parker (C) 2:15.8, L. Davis (C) 2:22.2, D. Podmore (O) 2:29.9, U. Nicholls (O) 2:50.5

1500m L. Everington (C) 4:41.3 [record], S-A. Hales (C) 4:41.7, M. Burch (O) 4:59.0, J. Lawrence (O) 5:06.5

100m hurdles S. Dalgoutte (C) 14.6 [record], S. Needham (C) 14.9, H. Barker (O) 17.7, J. Preston (O) 19.2

High Jump M. Worrall (C) 1.58, L. Gromich (O) 1.50, A. Kyei-Mensah (C) 1.50, J. Sephton (O) 1.35

Long Jump T. Castling (C) 5.42, S. Needham (C) 5.38, C. Dolman (O) 5.23, K. Relton (O) 4.76

Shot A. Kyei-Mensah (C) 10.26, H. Barker (O) 9.35, J. Corlett (O) 8.84, C. Morris (C) 7.77

Discus J. Corlett (O) 26.78, J. Bos (O) 26.12, J. Morgan (C) 26.10, H. Townshend (C) 25.38

Javelin C. Morris (C) 38.00 [record], M. Worrall (C) 28.48, J. Gibney (O) 27.10, H. Barker (O) 25.00

4 x 100m Cambridge (Parker, Castling, Needham, Dalgoutte) 50.4, Oxford 51.2

Result Cambridge 79, Oxford 49

MEN, Centipedes v Alverstone

100m S. Perks (C) 11.4, R. Williams (O) 11.5, C. Chollerton (O) 11.6, A. Phipps (C) 11.8

200m S. Perks (C) 22.9, R. Williams (O) 23.1, C. Chollerton (O) 23.5, C. Morgan (C) 23.5

400m J. Cooper (C) 52.2, R. Oliver (O) 52.7, T. Cook (C) 53.1, A. Cremer (O) 53.3

800m S. Elwood (C) 1:57.7, A. Cremer (O) 1:58.7, D. Williams (O) 2:00.1, P. Hannon (C) 2:05.5

1500m D. Higgins (C) 4:01.5, H.

Webb (O) 4:02.3, A. Morfey (C) 4:02.6, A. Clark (O) 4:10.6
 5000m D. Gilbert (C) 15:17.8, A. Richardson (C) 15:42.4, D. Cooper (O) 15:42.4, T. Yates (O) 17:40.5
 110m hurdles C. Oswald (C) 16.2, T. Waller (C) 16.2, C. Millerchip (O) 17.0, J. Ayton (O) 17.0
 200m hurdles H. Somerset (C) 26.1, S. Findlay (O) 28.3, J. Ayton (O) 28.3, T. Carleton (C) 28.4
 400m hurdles A. Brown (C) 57.3, G. Wigginton (O) 60.1, J. Ayton (O) 60.3,

T. Waller (C) 61.4
 Steeplechase K. Rutledge (O) 9:56.2, G. Baird (O) 10:00.2, D. Hollingworth (C) 10:22.1, M. Spinks (C) 10:57.4
 High Jump J. Roney (C) 2.00, E. Friend (C) 1.95, P. Wingfield (O) 1.70, S. Findlay (O) 1.70
 Pole Vault E. Friend (C) 2.80, G. Finn (O) 2.60 [S. Benjamin (O) and J. McPhail (C) both failed to clear a height]
 Long Jump G. Finn (O) 6.38, C. Morgan (C) 6.37, J. Barrington (C) 5.98, R.

Scott (O) 5.71
 Triple Jump K. Robin-Coker (O) 13.08, C. Hovenden (O) 12.97, A. Edgar (C) 11.96, J. Cooper (C)
 Shot A. Holmes (O) 10.88, I. Baharrie (C) 10.37, E. Friend (C) 10.25, P. Littlechild (O) 9.61
 Discus P. Littlechild (O) 38.98, T. Parlett (C) 32.78, A. Holmes (O) 31.50, I. Baharrie (C) 27.50
 Hammer J. Slye (O) 35.26, M. Coleman (O) 29.64, E. Friend (C) 20.92, I. Baharrie (C) 17.86

Javelin A. Duncan (O) 51.64, W. Latham (O) 48.40, M. Spinks (C) 39.58, E. Friend (C) 25.88
 4 x 100m Centipedes (Abrey, Stone, Challerton, Williams) 44.1, Alverstone (Morgan, Porteous, Barrington, Ploszajski) 44.6
 4 x 400m Alverstone (Cook 52.9, Jackson 52.7, Elwood 50.8, Cooper 51.4) 3:27.9, Centipedes 3:34.5
Result Cambridge Alverstone 106, Oxford Centipedes 103

A major women's fixture hosted by Achilles and organised by **Bridget Wheeler** was held at Southwark Park. Although we had no individual winners, in a match littered with prospective or hopeful Commonwealth Games competitors, there were notable performances from **Bridget Wheeler** (100m, 12.1, 2nd; 200m, 24.8, 3rd), **Sue Parker** (King's, 800, 2m 18.1, 3rd; Mile, 5m 07.8, 3rd), **Kim Wells** (400mH, 62.3, 3rd), **Sarah Owen** (L.J., 5.66, 3rd; H.J., 1.65, 3rd)

At the Crystal Palace men's match against Southern Counties and Combined Services Achilles won in 3:13.23, a time which still in 2022 remains the fastest ever by any Achilles, CUAC or OUAC team: Simon **Keenlyside** (48.7), **Robin Tolson** (Jesus, C, 48.7), **Trevpr Burton** (47.8) and **Brian Jones** (St. Cath's, C, 48.1). Other wins were **Porteous** (110mh 14.71) and **Llewelyn** (H.J., 2m 14), with further notable performances at 400m—**Keenlyside** 2nd (47.82) and **Jones** 3rd (48.48)—and 400mH—**Burton** 2nd (52.90) and **Tolson** 3rd (53.36). **Martin Wilson** was helped with team management by

Tony Shiret.

The match against Penn & Cornell at Oxford in mid-June was close fought: we lost the men's match by 9 events to 11, the women's by 7 events to 8. Oxbridge victories went to **Sue Dalgoutte** (100mH, 15.01), **Jackie Roynon** (100m 12.53, 200m 25.92, 400m 58.11), **Gill Suttle** (400mH, 63.6) and both women's relay teams; and to **Dominic Emery** (St. Anne's, 400m 48.5), **Hemery** (400mH, 53.18), **Mark Jackson** (1500m, 3m 56.15), **Llewelyn** (H.J. 2m10), **Patrick Mbu** (Discus, 43m 82) **Lindon Neil** (T.J. 14m06), **Carson Porteous** (110mH, 14.8), **Malcolm Rimmer** (5000m, 14m 49.4) and **John Stoodley** (3000m S/Ch. 9m 05.0—a new match record). "Senior" Achilles women **Kim Wells Sarah Owen** and **Bridget Wheeler** all won their events as non-scorers.

At the Commonwealth Games in Australia **Julian Goater** won bronze at 10,000m. The Club was also represented by **Sarah Owen, Trevor Llewelyn** and **Carson Porteous**.



The 1982 Varsity 1500m, at the bell with eventual winner Stu Moore (now living in Australia) lying third



25 YEARS ON...

OUAC, CUAC AND ACHILLES IN 1997



Dan Leggate



Oke Odudu & Steve De Berry

CUAC President Rob Trezona remembers:

The 1997 Varsity Match was the second to be held at the Cambridge Wilberforce Road track, and proved to be a good day for Cambridge, with wins in all 4 matches. This represented a full turnaround from 1996, when Oxford achieved the equivalent white-wash at Iffley Road. The competing teams had good knowledge of each other, many having competed together in an enjoyable but ultimately unsuccessful Americas tour earlier in the year. Oxford were considered to be strong favourites for the men's match, with the women's contest more finely balanced but favouring Cambridge. Former South Africa decathlon champion Pierre Faber had been a key athlete on tour, and other Oxford stars included high jumper James Brierly and 400m runner Anders Lustgarten who were both pushing for international selection for English and GB teams.

Cambridge had their own talented multi-eventers in former GB decathlon champion Steve Rogers and heptathlete Rebecca Lewis. Steve had arrived at Cambridge not expecting to do any athletics due to a chronic lower back injury but was rejuvenated by treatment from former US Olympic physio and Athletics Weekly columnist Craig Benedict. Craig graciously made time for university athletes in his schedule, offering them a significant discount, and is remembered by many CUAC athletes as key to the 1997 victories.

The men's match proved to be a high quality and closely fought contest. The outstanding victory of the

day was Brierley's 2.20m in the high jump, a match and track record, which eclipsed Trevor Llewelyn's 14-year-old mark. The battle of the decathletes ended in Faber's favour with wins in the pole vault (4.40m), discus (45.42m) and shot (14.80m). Those who know Pierre will be impressed by the pole vault height for such a big man [a couple of years later he set a new shot put record of 16.75m]. Rogers won the javelin (61.10m) and a narrow victory in the 110mH, pipping Cambridge specialist Okeoghene Odudu with a dip at the line. The sprints also went Oxford's way, with Lustgarten leaving the 400m to Chas McCaw to take on Dave Gardiner over 100m and 200m. The 100m finish was incredibly close with both athletes record-



Bethan Page-Jones

ing the same time of 11.0. Lustgarten was adjudged to have taken it, a decision with which even he disagreed, and he sportingly gave his winner's medal to Gardiner. The two clashed again over 200m, and were neck and neck until the final 30m, when Lustgarten's 400m endurance came into play, to record a fast 21.6.

A key feature of Cambridge's eventual victory were large personal bests from several less established athletes. James Trapmore won the Le Touquet Trophy for most improved performance in winning the middle distance double with huge pbs of 1:53.7 and 3:49.7. Cambridge also completed the clean sweep in the hurdles with a fine 25.0 for Odudu's first race in the 200mH and a breakthrough performance for Rob Osbourne to win the 400mH, an event he had only picked up a few months before. Cambridge were also fortunate to unearth Barney Durrant, an English Schools hammer champion, in a chance conversation with me in the Magdalene bar a few weeks before the match. Durrant, who hadn't thrown for a couple of years, went on to win with an impressive 50.90m.

The women's match was also strongly impacted by a multi-eventer, in this case Lewis, whose 5 individual wins matched Jon Ridgeon's record from 1988. Ox-

ford's Ellen O'Hare (now Leggate) matched Trapmore's 800 and 1500m double, recording a new match record of 2:08.7 in the shorter distance. O'Hare was pushed hard in the 800m by Esther Casson, who recovered to record a victory of her own with a fine 400m in 59.6s. Cambridge women's team captain Rachel Stott followed her excellent form in the USA tour with a match record of 41.28m in the hammer. Future Olympic rower Sarah Winckless was also impressive, winning the discuss easily with 44.36m. The Alvestone v Centipede and Alligators v Millipede matches were comfortable victories for Cambridge, reflecting to some extent the inherent home advantage for second teams, but also strong efforts taken by CUAC over the year to widen participation and increase training squad sizes.

A highly enjoyable Blues dinner was held at Magdalene, in which Michael Beloff spoke of his own exploits in the Centipedes. The event followed the raucous example set by 1988 CUAC President Jon Ridgeon in landing 1997 CUAC president Trezona in trouble with College authorities, an outcome which he described as "worth it and entirely in the spirit of our venerable contest".

- Rob Trezona



Clockwise from top left: Esther Casson, Rob Osbourne, Rebecca Lewis, Hugh Lobb, Steve Rogers



Andreas Fox was 1997 OUAC President:

That was a fun year! We had recently returned back from the joint Oxford/Cambridge tour of the Ivy League schools in the United States. Rob and I shared the captaincy of that team. I remember how it brought the two university teams closer together.

We learnt a lot from the Americans. They had significant investments in paid professional coaches, physiotherapist and facilities. Most of their funding was from strong alumni support.

I remember trying to find alumni of Oxford athletics to facilitate our finances. In that respect, I reached out to Sir Jeffrey Archer, who very kindly funded the team to fly to Antrim, which is where the National University championships were held that year. We were the only university team to have flown rather than taking long bus journeys which of course was

preferable to the athletes. We achieved the highest placement at national level that year.

Another fundraising initiative was to get Steve Cram to come and do not only a training session with us, but also a question-and-answer session, for which we ticketed the event that sold very well.

I remember having a close working relationship with John De'Ath, our senior treasurer, who was in support of these activities to raise further funds to support the team. I also negotiated with View From, the kit manufacturer, a preferable deal for all of our clothing that year, which gave us great quality team clothing at affordable student prices.



Clockwise from top left: Steve Rogers, Pierre Faber, Oke Odudu; Pierre Faber; Rob Trezona; Huw Jenkins



Rachel Stott



Chas McCaw & Andrew Taylor

The 1997 Achilles barbecue, following a match v. the Combined Services at Aldershot



At the **1997 British University Championships** in Antrim, titles were won by **James Brierley** (high jump), **Larry Matthews** (10,000m), **Clare Martin** (1500m - with **Becky Spies** a close second) and **Clare Ridgley** (pole vault). At the British Championships, **Clare Ridgley** placed 5th in the pole vault, **Ruth Irving** 6th in the long jump, and **Jon Hilton** 7th in the triple jump. Anders Lustgarten progressed to the tougher semi-final in the 400m, and **Kheredine Idessane** placed 6th in his 800m heat. **Ellen O'Hare** and **Rachel Jordan** placed 4th and 5th respectively in their 800m heats, and **Clare Martin** 8th in her 1500m heat.

In the **1997 UK rankings**, **Richard Nerurkar** led the marathon lists with 2:08:36; **Danielle Sanderson** was third with 2:39.02; and **Chris Cheeseman** was 4th in the 50k Walk with 4:10:23.



James Trapmore

1997 VARSITY MATCH—17 MAY AT WILBERFORCE ROAD

MEN, Blues Match

100m	A. Lustgarten (O) 11.0, D. Gardiner (C) 11.0, A. James (C) 11.4, J. Harrison (O) 11.5
200m	A. Lustgarten (O) 21.6, D. Gardiner (C) 21.9, G. Wolf (O) 22.5, A. James (C) 22.9
400m	C. McCaw (O) 49.2, A. Taylor (C) 49.7, J. Dempsey (O) 49.8, R. Trezona (C) 50.5
800m	J. Trapmore (C) 1:53.7, M. Reed (O) 1:54.2, R. Griffiths (C) 1:55.3, C. Maxwell (O) 2:01.9
1500m	J. Trapmore (C) 3:49.7, D. Kirk (O) 3:51.0, A. Hennessey (O) 3:52.4, M. Gosling (C) 4:07.7
5000m	D. Leggate (C) 14:58.0, J. Funder (O) 15:02.9, M. Shore (C) 15:26.0, J. Bradley (O) 16:09.4
110m hurdles	S. Rogers (C) 15.6, O. Odudu (C) 15.7, P. Faber (O) 16.0, [D. Hughes (O) disqualified]
200m hurdles	O. Odudu (C) 25.0, S. de Berry (O) 25.2, G. Hodgson (C) 25.9, G. Wolf (O) 28.1
400m hurdles	R. Osborne (C) 55.7, G. Hodgson (C) 56.3, J. Collins (O) 57.1, A. Beardsal (O) 63.4
Steeplechase	H. Lobb (C) 9:17.8, M. Poulin (O) 9:32.5, E. Malloch (C) 9:33.4, N. Talbot (O) 10:02.7
3000m walk	Fiona Rose (C) 15:16.3, W. Ashby (O) 15:32.9, Helen Ford-Dunn (C) 16:07.8, B. Kitchen (O) 16:14.6
High Jump	J. Brierley (O) 2.20 (record), T. Coker (C) 1.85, T. Costello (O) 1.85, R. Osborne (C) 1.30
Pole Vault	P. Faber (O) 4.40, S. Rogers (C) 4.00, N. Woodmansey (C) 3.70, P. Coventry (O) 2.40
Long Jump	H. Jenkins (O) 6.71, M. Dunbar (O) 6.68, T. Ball (C) 5.87, C. Ainsley (C) 5.85
Triple Jump	M. Croskell (O) 13.59, H. Jenkins (O) 13.33, T. Ball (C) 13.28, L. Phiri (C) 12.55
Shot	P. Faber (O) 14.80, S. Burman-Roy (C) 12.83, S. Rogers (C) 12.36, P. Tyley (O) 11.27
Discus	P. Faber (O) 45.42, S. Rogers (C) 42.50, M. Conerney (C) 41.26, P. Tyley (O) 36.66
Hammer	B. Durrant (C) 50.90, P. Tyley (O) 45.46, N. Marston (C) 41.14, P. Dunwoodie (O) 22.66
Javelin	S. Rogers (C) 61.10, P. Faber (O) 56.30, R. Price (C) 49.58, P. Tyley (O) 49.06
4 x 100m	Oxford (Thompson, Beer, Harrison, Lustgarten) 43.2, Cambridge (James, Gardiner, Taylor, Rogers) 43.4
4 x 400m	Oxford (Dempsey 50.7, Faber 50.7, Hennessey 52.3, Lustgarten 46.7) 3:20.4, Cambridge (Osborne 50.8, Cordwell 50.9, Trezona 50.6, Taylor 50.8) 3:23.1

Result Cambridge 113, Oxford 109

WOMEN, Blues Match

100m	R. Lewis* (C) 12.7, J. Street (O) 12.9, D. Rowe (O) 13.3, A. Stevens (C) 13.4
200m	J. Street (O) 26.3, D. Rowe (O) 27.5, A. Stevens (C) 27.8, C. Saunders (C) 28.6
400m	E. Casson (C) 59.6, K. Williams (O) 61.6, V. Goodwin (O) 62.1, V. Boag (C) 63.4
800m	E. O'Hare (O) 2:08.7 (record), E. Casson (C) 2:13.0, D. Lee (O) 2:13.0, S. Dillon (C) 2:28.5
1500m	E. O'Hare (O) 4:39.0, D. Lee (O) 4:40.8, K. Haylock (C) 4:48.6, A. Tomkinson (C) 4:54.0
5000m	S. Cook (O) 18:18.4 (inaugural record), R. Currie (O) 18:24.4, E. Brooker (C) 18:36.1, K. Haylock (C) 18:51.6
100m hurdles	R. Lewis* (C) 15.6, M. Gibellato (C) 16.2, C. Ridgeley (O) 17.0, D. Martin (O) 17.4
400m hurdles	M. Gibellato (C) 67.6, K. Williams (O) 68.1, V. Goodwin (O) 69.4, V. Boag (C) 70.8
High Jump	C. Boulton (O) 1.60, L. White (C) 1.60, M. Gibellato (C) 1.55, D. Martin (O) 1.50
Long Jump	R. Lewis* (C) 5.43, A. Stevens (C) 5.23, C. Ridgeley (O) 5.01, C. Boulton (O) 4.84
Triple Jump	J. Bubikova (C) 11.06, B. Page-Jones (C) 10.85, C. Ridgeley (O) 10.54, D. Martin (O) 9.36
Shot	R. Lewis* (C) 11.31, S. Winckless (C) 10.24, C. Wenham (O) 8.97, J. Galey (O) 8.10
Discus	S. Winckless (C) 44.36, J. Galey (O) 31.92, S. Hanley (C) 31.18, M. McCutcheon (O) 25.62
Hammer	R. Stott (C) 41.28 (record), M. McCutcheon (O) 34.10, M. Wong (C) 29.46, J. Nightingale (O) 22.62
Javelin	R. Lewis* (C) 35.12, C. Wenham (O) 34.22, J. Bubikova (C) 30.18, M. Teo (O) 27.42
4 x 100m	Oxford (de Villiers, Street, Hutchinson, Rowe) 51.0, Cambridge (Stevens, Lewis, Gibellato, Page-Jones) 51.2
4 x 400m	Oxford (Hutchinson 62.3, O'Hare 61.4, Lee 61.5, Williams 59.6) 4:04.8, Cambridge (Boag 63.8, Dillon 63.7, Casson 59.5, Lewis 62.3) 4:09.3

Result Cambridge 93, Oxford 86

AMERICAN ACHILLES FOUNDATION DINNER

Those present included Tom Blodgett, Richard Bowman, Nick Kunkelman. Lou Deusing, Joe and Cindy Hughes, Manda and Ryan Jordan, Tina Lount, Steve Niemi and Mark Young. Jim Wade, Steve Cohen, Tim Sellers and Adrian Durrant joined dialled in remotely.



The American Achilles Foundation has over the last 25 years raised very substantial donations which are critical to our continued participation in the Transatlantic Series.

NEW MEMBERS

ACHILLES WARMLY WELCOMES:-

Bea Wood	Lucy Cavendish	Cambridge	Mattis Grenier	Trinity	Cambridge
Daisy Jowers	Magdalen	Oxford	Julia Johnson	University	Oxford
Ella Fryer	St Catherine's	Oxford	Anezka Macey-Dare	Green	Oxford
Catherine Spencer	Corpus Christi	Cambridge	Luke McCarron	Jesus	Cambridge
Natalie Groves	Brasenose	Oxford	Ikechi Mere	St John's	Cambridge
Georgios Zaphiris	Christ's	Cambridge	Maranga Mokaya	Keble	Oxford
Michael Allison	St Anne's	Oxford	Kerem Mumyakmaz	St John's	Cambridge
Mudith Jayasekara	Jesus	Oxford	Jess Poon	St Catharine's	Cambridge
Brad Burke	Worcester	Oxford	James Rennie	St Catharine's	Cambridge
Pete Cassidy	Trinity Hall	Cambridge	Sophie Robson	St Hilda's	Oxford
Polly Maton	LMH	Oxford	Sarah Short	St John's	Oxford
Rian McCawley	Darwin	Cambridge	Henry Silverstein	Gonville & Caius	Cambridge
Tommy Lees	Christ Church	Oxford	Michael Smith	St Peter's	Oxford
Isaac Rushworth	Magdalen	Oxford	Juwe Sylvester	Homerton	Cambridge
Viv Abrokwah	St Anne's	Oxford	Ellie Taylor	Churchill	Cambridge
Anna Anderson	Queens'	Cambridge	Amber Wright	Trinity	Cambridge
Penelope Batty	Trinity	Cambridge	Olly Bazin	St Hilda's	Oxford
Alex Blake-Martin	Fitzwilliam	Cambridge	Orlando Bell	St Peter's	Oxford
Sarah Blockley	Clare	Cambridge	Isabella Busa	Brasenose	Oxford
Leonie Brunning	Emmanuel	Cambridge	Lemuel Crentsil	Christ Church	Oxford
Adam Coates	St Anne's	Oxford	Belinda Dow	Pembroke	Oxford
Jude Compton-Stewart	Churchill	Cambridge	Tom Drayton	Somerville	Oxford
Milly Dickinson	Gonville & Caius	Cambridge	Alex Fogassy	Mansfield	Oxford
Cillian Doherty	Trinity	Cambridge	Stewart Humble	Wolfson	Oxford
Sophie Dowle	Churchill	Cambridge	Dillon Rinauro	St John's	Cambridge
Adam Dray	Girton	Cambridge	Antara Singh	Brasenose	Oxford
Jonathan Escalante-Phillips	Jesus	Cambridge	Femke van den Bos	Harris Manchester	Oxford
Terry Fawden	Wolfson	Cambridge			



FRESHERS VARSITY MATCHES

5 NOVEMBER 2022, Iffley Road, Oxford

WOMEN

PV 1 Anna Conroy (O) 2.30 ; 2 Allison Osterberg (O) 2.10 ; 3 Claire Spangler (C) 1.70 ; 400H 1 Phoebe Schofield (C) 1:14.91 ; 2 Samantha Baker-Jones (O) 1:14.91 ; 3 Serike Siriwardhana (C) 1:31.07 ; LJ 1 Sky Udondem (C) 4.54 ; 2 Ceara Har-

per (C) 4.42 ; 3 Poppy Stokes (O) 4.27 ; Danielle Nnene (O) NM ; DT 1 Grace Lawrence (O) 23.37 ; 2 Deborah Esan (C) 13.17 ; 3 Sanah Kashyap (C) 12.96 ; 100 1 Freya John (C) 14.50 -0.3 ; 2 Danielle Nnene (O) 14.60 -0.3 ; 3 Carmen Bebbington (C) 15.48 -0.3 ; 400 1

Ella Fryer (O) 1:02.17 ; 2 Natalie Groves (O) 1:02.52 ; 3 Rose Crawford (C) 1:13.48 ; HJ 1 Annie Durand-Marandi (C) 1.55 ; 2 Brittany O'Duffy (O) 1.35 ; 3 Olivia Allen (O) 1.35 ; Mile 1 Christiana Agustin (O) 5:23.40 ; 2 Charlotte Adamo (C) 5:44.80 ; 3 Molly Skeil (O) 5:47.70 ;



MATCH SCORES

Men: Oxford 80-65 Cambridge
Women: Oxford 89-65 Cambridge

ACHILLES ATHLETES OF THE MATCH

Michael Allison (Oxford) – Javelin
Ella Fryer (Oxford) - 800m,400m,200m,4x400m,4x100m

100H 1 Phoebe Schofield (C) 18.80 -1.5; 2 Brittany O'Duffy (O) 20.60 -1.5; 3 Serike Siriwardhana (C) 20.83 -1.5; TJ 1 Sky Udondem (C) 10.14; 2 Danielle Nnene (O) 9.47; 3 Katerine Kauna (C) 8.23; 800 1 Ella Fryer (O) 2:21.32; 2 Lucia Pyne (O) 2:34.32; 3 Charlotte Adamo (C) 2:43.44; SP 1 Sophia Martin (O) 7.99; 2 Grace Lawrence (O) 7.87; 3 Deborah Esan (C) 7.47; 4 Sanah Kashyap (C) 3.85; 200 1 Natalie Groves (O) 28.03 -1.3; 2 Ella Fryer (O) 28.43 -1.3; 3 Annie Durand-Marandi (C) 28.65 -1.3; 4 Amelia Cheeseman (C) 31.35 -1.3; JT 1 Samantha Baker-Jones (O) 25.90; 2 Sophia Martin (O) 25.53; 3 Annie Durand-Marandi (C) 12.12. 4 x 100. 1 OUAC 56.07 Danielle Nnene, Natalie Groves, Olivia Allen, Ella Fryer; 2 CUAC 58.67 (Carmen Bebbington, Ifunanya Molokwu, Alanna Odagbu, Freya John); 4x400 1 OUAC 4:27.68 Christiana Agustin, Samantha Baker-Jones, Ella Fryer, Natalie Groves 2 CUAC 5:07.43 Amelia Cheeseman, Rose Crawford, Serike Siriwardhana, Phoebe Schofield.

MEN

PV 1 Harry Petyt (O) 3.70; 2 Mudith Jayasekara (O) 2.50; 400H 1 Oliver Hector (C) 1:02.26; 2 Sebastian Straßburg (O) 1:03.71; DT 1 Oyare Aneju (C) 28.24; 2 Benjamin Isachsen (O) 28.06; 3 Thieme

Schmidt (C) 26.99; 4 Vincent Allott (O) 25.40; 100 1 Alex Woodcock (C) 12.23 -0.5; 2 Sam Oteng-Ntim (C) 12.34 -0.5; 3 Brandon Rees (O) 12.92 -0.5; 4 Tishan Wellalagodage (O) 13.45 -0.5; 400 1 Peter Braybrook (O) 53.67; 2 Ben Massey (C) 56.05; 3 Sebastian Straßburg (O) 56.61; 4 Damir Kayani (C) 58.20; LJ 1 Kam-Cheung Lambert (O) 5.58; 2 Ryan Price (O) 5.37; 3 Ethan St Catherine (C) 4.70; 4 Louis Kill-Brown (C) 4.35;

2:07.12; 3 Xavier Kervyn (C) 2:14.03; 4 Paul Stephan (C) 2:18.52; HJ 1 Ayman El Amrani (O) 1.81; 2 Joe Day (C) 1.70; 2 Kam-Cheung Lambert (O) 1.70; 200 1 Alex Woodcock (C) 24.18 -2.0; 2 Solomon Allen (O) 24.92 -2.0; 3 Yu-Hau Chen (C) 26.32 -2.0; 4 Fabian Lefievre (O) 26.69 -2.0; TJ 1 Oyare Aneju (C) 12.96; 2 Jacob Byfield (O) 12.36; 3 Ryan Price (O) 11.65; 4 Ethan St Catherine (C) 10.75; JT 1 Michael Allison (O) 56.46; 2 Yan-



Mile 1 Benjy McCartney (O) 4:46.80; 2 Xavier Kervyn (C) 4:52.50; 3 Samuel Waite (O) 5:03.30; 4 Paul Stephan (C) 5:18.60; 110H (3'3") 1 Oliver Hector (C) 18.34 -0.7; 2 Harry Petyt (O) 18.52 -0.7; SP 1 Oyare Aneju (C) 11.58; SP 2 Thieme Schmidt (C) 10.09; 3 Benjamin Isachsen (O) 8.57; 4 Vincent Allott (O) 6.72; 800 1 Alexander Tridgell (O) 2:04.62; 2 Jabez Magomere (O)

nick Marc Limmer (O) 47.00. 4 x 100 1 CUAC 47.16 Sam Oteng-Ntim, Oliver Hector, Yu-Hau Chen, Alex Woodcock; OUAC DQ Harry Petyt, Solomon Allen, Kam-Cheung Lambert, Ayman El Amrani; 4 x400 1 OUAC 3:42.94 Peter Braybrook, Alexander Tridgell, Jabez Magomere, Sebastian Straßburg 2 CUAC 3:52.45 Ben Massey, Joe Day, Paul Stephan, Xavier Kervyn



THE 2022 VARSITY CROSS COUNTRY RACES

3RD DECEMBER 2022, WIMBLEDON COMMON



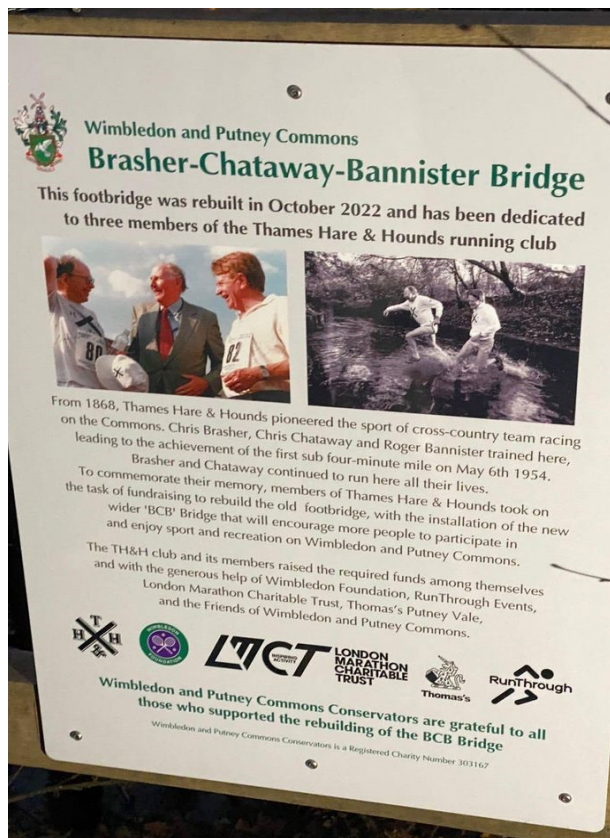
Cambridge carried off the honours in the two University Cross-Country Races.

In the 46th Ladies' Race, the Light Blues lived up to their pre-race favourites tag by taking five of the first six places and winning by 29 points to 50. Niamh Bridson Hubbard (Magdalene) repeated her 2019 success to take the individual victory in a new record time for the course (which has been in use since 2000) of

22:30, taking 19 seconds off the previous mark set by her in 2019 and Julia Bleasdale (Pembroke) in 2003. Oxford now lead the series by 26 wins to 20.

The 131st Gentlemen's Race was a significantly closer affair, with the Light Blues emerging victors by the very narrow margin of 38 points to 40, the closest score since 1982. Going into the race carrying the favourites tag, they managed to withstand the loss to

Niamh Bridson Hubbard	Magdalene	Cambridge	22:30	Jeremy Dempsey	Girton	Cambridge	37:47
Phoebe Barker	Robinson	Cambridge	22:51	Joe Morrow	Queen's	Oxford	38:13
Alice Garner	St. Hugh's	Oxford	22:59	Ewan Spencer	Trinity Hall	Cambridge	38:17
Nancy Scott	Newnham	Cambridge	23:11	Thomas Wood	St. Anne's	Oxford	38:21
Louise Shanahan	Trinity	Cambridge	23:33	Naphtali Moulton	St. Antony's	Oxford	39:01
Poppy Craig-McFeely	Robinson	Cambridge	23:42	Paul McKinley	Downing	Cambridge	39:11
Lauren Major	Merton	Oxford	24:15	Luke McCarron	Jesus	Cambridge	39:13
Elizabeth Apsley	St. Hilda's	Oxford	24:24	Miles Weatherseed	St. Anne's	Oxford	39:19
Alexandra Brown	New College	Oxford	24:34	Thomas Renshaw	St. Hugh's	Oxford	39:27
Charlotte Buckley	Oriel	Oxford	24:44	Tom Spencer	Christ's	Cambridge	39:55
Maia Hardman	Selwyn	Cambridge	24:47	Matthew Dubery	Jesus	Cambridge	39:58
Helene Greenwood	Lucy Cavendish	Cambridge	24:57	Matthew Fuller	Corpus Christi	Oxford	40:09
Lucy Thompson	Somerville	Oxford	25:07	Angus Harrington	St. John's	Cambridge	40:11
Anna Kelly	St. John's	Cambridge	25:25	Terry Fawden	Wolfson	Cambridge	40:39
Madeline Williams	Corpus Christi	Oxford	25:35	Jared Martin	Merton	Oxford	41:35
Mared Owen	Jesus	Oxford	26:11	Oscar Jones	Brasenose	Oxford	44:41



OUCC Old Gits vs CUH&H Greyhounds

Jack MILLAR	University	Oxford	20:46.88
Nathan MAPPELEY	Lady Margaret Hall	Oxford	21:01.87
Josh CARR	Sidney Sussex	Cambridge	21:25.73
Luuk METSELAAR	St. John's	Oxford	21:45.09
Will RYLE-HODGES	Queens' & Magdalene	Cambridge	21:56.66
Aidan SMITH	St. John's	Oxford	22:20.05
William CHRISTOFI	University	Oxford	22:27.62
James BARTRAM	Christ's	Cambridge	22:36.10
Eoin BRADY	Hughes Hall	Oxford	23:15.25
Alistair MCMASTER	Homerton	Cambridge	23:27.24
Will SHARDLOW	New College	Oxford	23:32.22
Joe EDWARDS	New College & Lincoln	Oxford	23:44.08
Oliver GARNER	Robinson	Cambridge	23:54.18
Claire HAMMETT	Lincoln	Oxford	24:07.10
Matthew HARRIS	Keble & St. Catherine's	Cambridge	24:17.57
James CHETTLE	Clare	Cambridge	24:24.11
James MORRIS	St. Catherine's	Oxford	24:36.32
Simon MOLDEN	Christ Church	Oxford	25:06.71
Jamie DARLING	St. John's	Oxford	25:11.34
Emily CARROLL	Magdalen	Oxford	25:32.07
Klara HATINOVA	Reuben	Oxford	25:55.43
Rachelle FALLOON	Jesus	Cambridge	26:00.44
Ella SHARROCK	Balliol	Oxford	26:14.44
Belinda DOW	Pembroke	Oxford	27:06.44
Chris DANIELS	Worcester	Oxford	27:23.92
Andy ARBOUR	University	Oxford	27:24.60
Francis AZNARAN	Queen's	Oxford	27:58.21
James FITZSIMMONS	Girton	Cambridge	28:23.60
Rebecca HUGHES	Trinity	Cambridge	28:34.43
Bob HOOGENDOORN	Hughes Hall	Cambridge	28:37.60
Neil MATHUR	Churchill	Cambridge	28:42.58
Andrew ROBINSON	Balliol	Oxford	29:18.50
Jessica DAVIES	Queens'	Cambridge	29:32.04
Raymond HOLDSWORTH	Queen's	Oxford	34:30.15

Jack Millar (University) taking repeating his 2021 individual victory. Oxford now lead this series by 18 wins to 12.

The day also witnessed the unveiling of the World Athletics Heritage Plaque – awarded to Thames H&H in December 2021 – and the opening of the new Brasher Chataway Bannister Bridge over Beverley Brook, which the races crossed in their closing stages.

injury of 2021 winner James Edgerton (Jesus) and Joe Massingham (Pembroke) to record their third victory in a row, thus putting them ahead in the series (66 wins to 65) for the first time since 2013. Jeremy Dempsey (Girton) improved on his second place in 2021 to take a clear victory by almost 30 seconds.

Earlier in the day, Oxford won the 30th Old Blues' Race by 175 points to 252 (scoring 14-a-side) with





Post script: Former Varsity pole vault record holder Matt Weaver

Most current photos herein by Andy Hodge.